## **Alabaré** Veterans' Self-Build Scheme



## Supporting vulnerable veterans who have faced the despair of homelessness.

Veterans can gain recognised qualifications in the construction industry while receiving one-to-one support that builds greater confidence, leading to improved mental and physical health. By joining the scheme, veterans have an opportunity to build their own homes while developing richer life skills moving forward.

On the scheme, you will benefit from multiple training programmes and gain nationally recognised qualifications. Some veterans pursue roles in the construction industry, and others find alternative future careers, but all benefit from the renewed self-confidence and positive self-esteem that the **Veterans' Self-Build** brings. You can apply if you are a veteran with support needs and no housing options, with or without family.

Working together in partnership with local authorities, housing associations, the construction industry and partner organisations, we currently have sites under construction in Plymouth Devon, Ludgershall Wiltshire and Caerphilly Wales, with several more planned. Our unique initiative allows veterans to help build their own homes under the supervision of a construction company whilst receiving wellbeing support from our team.

At the end of the course, you will have the option to rent one of the homes you have helped to build from our Housing Association partners'.

"The support and care I have received goes way above and beyond anything I could possibly have expected. I have made life-long friendships, gained confidence, rediscovered elements of myself that I thought were gone forever." Steve - Veteran Self-Builder

## To find out more email selfbuild@alabare.co.uk or visit alabare.co.uk

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