

# SUMMARY IMPACT REPORT

## 2019 - 2020



[www.alabare.co.uk](http://www.alabare.co.uk)





# WELCOME FROM OUR CHIEF EXECUTIVE

An exceptional year! I don't think anyone reading this today could argue that 2019/20 has not been an exceptional year. The arrival of Coronavirus has touched every person's life and every inch of our charity.



At Alabaré, we have adapted to work in different ways, managing the challenges of PPE and social distancing, looking after sick clients and the welfare of sick colleagues, with the determination to protect and save lives.

But to only focus on the effect of the pandemic, would be to overlook the other 11 months of the year. Every day our teams of staff and volunteers have been working relentlessly to end the crisis of homelessness for as many people as possible, and to ensure that those in our homes and services have the chance to build a fulfilling life for themselves.

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## WE GAVE A HOME AND SUPPORT TO 19 YOUNG PARENTS AND THEIR BABIES THIS YEAR

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Last summer we acted to help vulnerable young people in Bournemouth and the surrounding area, by opening two new homes, providing vital support to eight young people who can no longer live at home for a variety of reasons. Both homes were quickly full. This spring we were delighted that both Wiltshire and Hampshire Councils have recommissioned Alabaré to deliver supported accommodation for young people and those leaving care, underlining the first-class work that our teams are doing with vulnerable young people. We have also opened

Riverside Sanctuary which is now providing vital support to people experiencing problems with their emotional or mental wellbeing.

In May 2019 we formally joined forces with the charity Community Self Build Agency, an organisation we have a long history of working with. Six Veterans are currently working on site in Leominster, Herefordshire, learning building trade skills while working on a small development of 24 homes.

Each Veteran will have the option to live in one of the homes they have helped build. The initiative will give them not just a home, but skills they can take forward to secure employment and stability for years to come.

Over the year we celebrated some significant birthdays, with Unity House marking 10 years of support for homeless people in Chippenham, and in Plymouth our first Home for Veterans also celebrated a decade of success. We are so proud of the lives which have been transformed through all our homes and services. I am so grateful for the dedication of our exceptional staff and volunteers in making this possible, never more so than through our most recent months of Covid-19. Our homes are blessed by communities which actively support them and we are so thankful to the schools, churches, businesses, trusts and individuals who rally around us – we could not do it without you.

Thank you so much.

# A MESSAGE FROM OUR CHAIRMAN

Earlier this year Malcolm Cassells took over as Chairman of Alabaré. Malcolm has been a Trustee of our charity for 12 years. He reflects on the way Alabaré has responded to the Covid-19 pandemic, and the incredible support we have been gifted.



I'm not sure that anyone could have predicted the impact of Covid-19 on our world. With signs from February that this virus would have a huge impact on society, our leadership team made early plans for how we could continue to operate if things got worse, and by March it was clear those plans would need to be put into action.

Our priority was to stay open and make sure that anyone in need of a home could get away from the streets. It was clear that if you don't have a home you can't self-isolate, and the risk to the homeless community was huge. We have worked closely with our partner agencies to stay open to new referrals, giving those who are in need of emergency support a home. People have come to us throughout lockdown, all grateful to be safe and away from the streets.

Our properties have been adapted to provide rooms in each where residents can self-isolate with individual facilities for cooking and bathrooms available to them. Staff have had to quickly get used to working in PPE, and changes have had to be made to our support systems. The team at the Drop In Centre in Salisbury switched to providing food from our Field Kitchen van in the car park at Alabaré Place, ensuring hot food is available to all who need it.

Financially the virus has hit us hard, with most of our fundraising events postponed for the year, and our shops closed for several months. Our wonderful supporters, and charitable trusts rose to help us and we are eternally grateful to them

for standing with us throughout.

Thankfully, to date, only a small number of residents, staff and volunteers have been affected by Covid-19, but we are not complacent. We know this killer virus is still here and we will not stop making sure that we can protect those who are most vulnerable in our society.

We also see a huge opportunity. Many rough sleepers have been given emergency accommodation in hotels around the country and have engaged with support services in a way not previously possible. We must ensure that support and accommodation is there for them when they leave these emergency placements, and we must be there for them to end the devastation of homelessness once and for all.

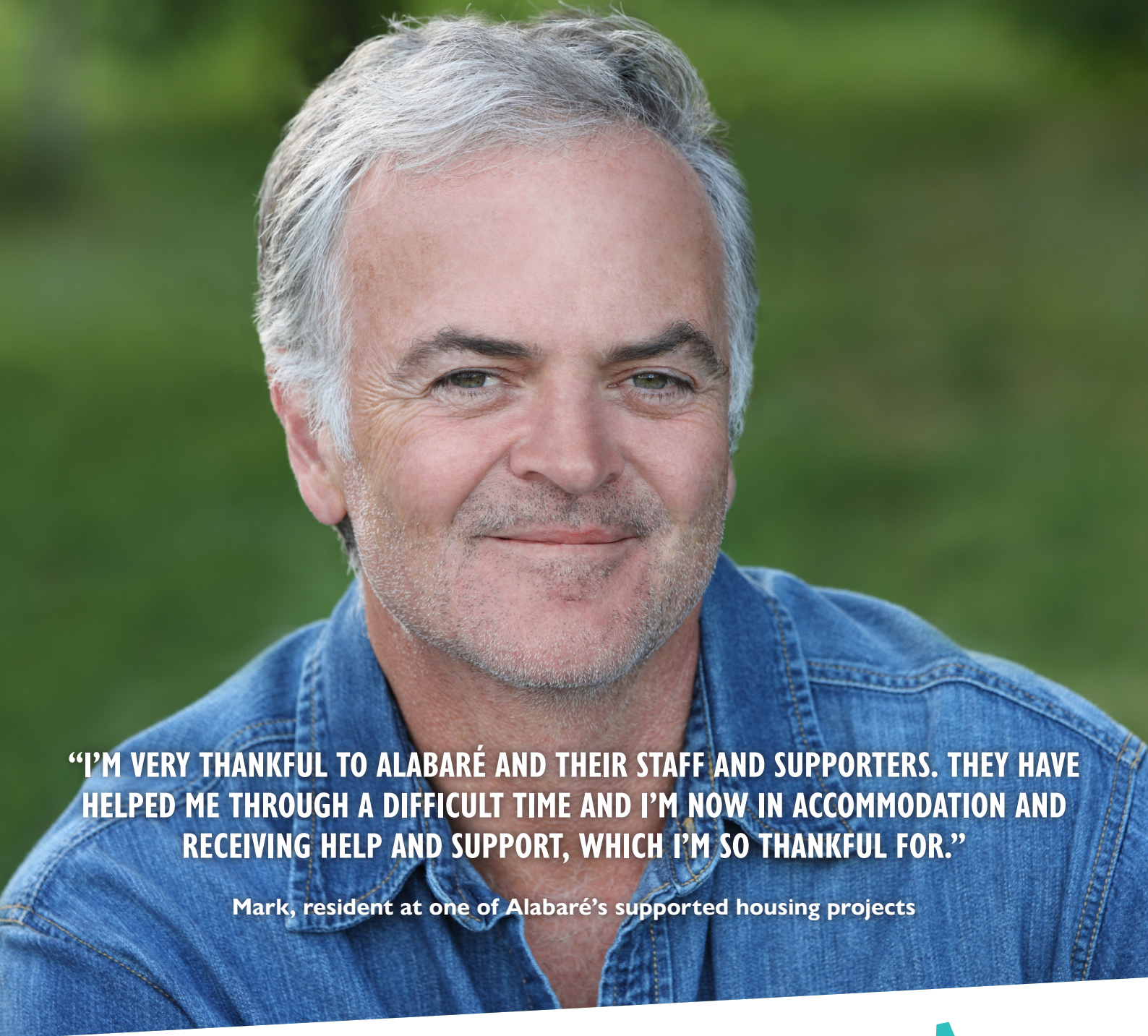
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**“THANKFULLY, TO DATE ONLY A SMALL NUMBER OF RESIDENTS HAVE BEEN AFFECTED BY COVID-19.”**

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The last year was more than Covid-19. I would like to thank the Trustees of Alabaré for their support, with special thanks to Richard Holman, who became interim Chairman in April 2019, after John Proctor stepped down from the Board. Prior to Covid-19 I visited many of our homes and services. I was hugely impressed with the care and compassion of our staff. This reinforced my view of the importance of the work of Alabaré to support our clients to have a fulfilling life once more.





**“I’M VERY THANKFUL TO ALABARÉ AND THEIR STAFF AND SUPPORTERS. THEY HAVE HELPED ME THROUGH A DIFFICULT TIME AND I’M NOW IN ACCOMMODATION AND RECEIVING HELP AND SUPPORT, WHICH I’M SO THANKFUL FOR.”**

Mark, resident at one of Alabaré’s supported housing projects

## 2019 -2020 IN BRIEF

**1632**

**HOMELESS & VULNERABLE  
PEOPLE SUPPORTED**

**103**

CLIENTS IN WALES

**1529**

CLIENTS IN ENGLAND



**91 PROPERTIES  
PROVIDING 395 BEDSPACES**

# SELF CARE & LIVING SKILLS

**1000 HOURS PER WEEK PROVIDED, SUPPORTING LEARNING DISABLED CLIENTS WITH SELF CARE**

In November we were able to support Pete, a long-term rough sleeper from Salisbury, secure his own home for the first time in eight years. Nicki and her team at our Salisbury hostel, Alabaré Place, were able to support Pete off the streets and help him gain the skills and confidence he needed to maintain his new home.

Pete previously lived in his own house along with his wife and children and ran his own successful construction business. Things began to turn for Pete when he split up with his wife.

Initially he went to live with his mum and disabled brother, where he acted as their carer. After his mum passed away, the council found accommodation for his brother, but Pete was forced to leave. Despite Pete living in the property for a number of years and acting as a carer, he was not officially registered on the tenancy and therefore was evicted.

Pete ended up sleeping rough, spending almost eight years moving from town to town. The long years spent on the streets took their toll on Pete's mental health.

Eventually Pete was referred to Alabaré and we were able to give him a home in Salisbury. During his time spent with us, we have helped him register with a doctor, see a dentist, and get support for his mental health. He was happy to accept support, and his self-esteem really improved. His amazing progress meant that earlier this year he was able to secure a tenancy and now has a new place of his own to call home.

# MANAGING MONEY

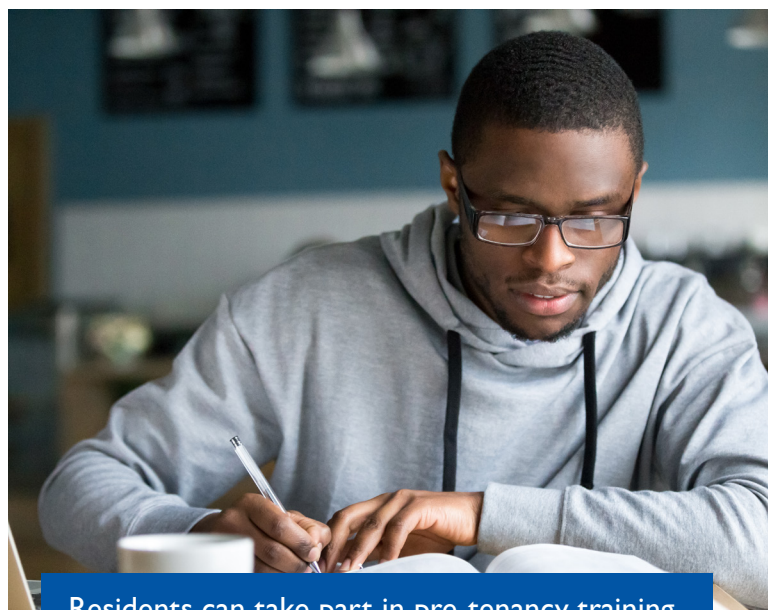
**100% OF OUR YOUNG PEOPLE HAVE ACCESS TO OUR MONEY LITE PROGRAMME**

Twenty one young people took part in our pre-tenancy training programme, Money Lite, this year. Our goal is to ensure that young people moving on from our homes have the best opportunity possible to successfully manage their money, maintain their tenancies and end the cycle of homelessness.

Toby, who is a resident at our Bournemouth Home for Young People, was one of those to take part in the programme.

*“By working with staff, I have been able to complete my Money Lite course. It has helped me to*

*understand so much about having my own tenancy. I've learnt about budgeting and what I need to do to pay my own rent so it's definitely helped me for when I'm able to move on.”*



Residents can take part in pre-tenancy training



# SOCIAL NETWORKS

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## 68 PARTNER AGENCIES WORKING WITH US TO PROVIDE SUPPORT FOR OUR VETERANS

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Our teams work with partner agencies to re-engage our clients with their local community and where possible rebuild relationships with their family.

After joining the Army aged just 16, Marie spent a total of 12 years in the forces working as a chef. Her tours of duty saw her serve all over the world including Afghanistan, Iraq and Kosovo. Marie was married at the time and eventually the long spells away from home began to take their toll. She decided that the time had come for her to leave the forces and she returned home to Wales where she began working as a head chef

between a group of care homes. The transition to civilian life however was not without problem for Marie as her marriage broke down, forcing her to relocate. After working in a variety of restaurant chains, Marie found someone else and they moved in together. Sadly this relationship broke down and Marie had nowhere to turn. She was scared she would have no option but to sleep rough.

Working with our partner agencies, Marie was informed of a vacancy with Alabaré Homes for Veterans Cymru and she was quickly able to move in to one of our properties. Having a stable home has allowed Marie to build bridges in the community once more and she is hoping to get back into employment very soon.

*“You don’t realise when you are in the army how much you will suffer when you leave. The support I have received from Alabaré has been amazing – to get a roof over my head and to have someone here to ask if everything’s ok, I really appreciate everything they have done for me.”*

# DRUGS & ALCOHOL

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## 54% OF ALL OUR HOMELESS CLIENTS HAD SIGNIFICANT ISSUES WITH ALCOHOL MISUSE

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Our approach means we help clients to address the causes that have led them to become homeless, but know that each person’s journey is complex and that success is not straightforward.

Dev was taken into care after suffering abuse at the hands of his family in his early years. Whilst a teenager in care, Dev started taking LSD and amphetamines and was later introduced to injecting them by his then foster parents.

Dev’s drug taking rapidly progressed to heroin, and he was drinking heavily. Tragically Dev saw his friend die from an overdose when he was 18,

and later spent 21 months in jail for perverting the course of justice.

It was following release from prison that Dev was diagnosed with schizophrenia and borderline personality disorder and he was prescribed medication to help control these. His mental health continued to be a problem however due to the obvious complication of his ongoing drug and alcohol use. Dev successfully completed rehab courses four times over the next ten years, but sadly relapsed each time due to his poor mental health.

Earlier this year Dev was referred to Alabaré by the Wiltshire Rough Sleeper Team and he moved into our hostel in Trowbridge. He worked hard to drastically reduce his alcohol intake, to the point that he was only drinking a small amount and completely dry some days.



**“BEING AT THE HAVEN HAS MASSIVELY HELPED ME. I FEEL LIKE I WANT TO STAY CLEAN AND GET OFF THE STREETS ONCE AND FOR ALL. THE KEY WORKING SESSIONS HAVE BEEN GREAT AND REALLY HELPED. THE WHOLE VIRUS SITUATION HAS BEEN PRETTY SCARY, AND I’M GLAD I’VE HAD SOMEWHERE SAFE TO BE. I WANT TO GET MY OWN PLACE AND KEEP IT SO THAT’S WHAT I WANT TO FOCUS ON NOW. THANKS TO EVERYONE AT THE HAVEN WHO HAS HELPED ME GET OFF THE DRINK AND GET MY HEAD SORTED OUT.”**

**Dev, Alabaré Resident**

# PHYSICAL HEALTH

**100% OF VETERANS LIVING IN OUR HOMES HAVE ACCESS TO GYM MEMBERSHIP**

Supporting clients to maintain their physical health and wellbeing is key at Alabaré. Some have very specific, long term disabilities, and we can help them to take part in activities and find employment or volunteering opportunities in line with their personal goals. For others, there are the challenges faced by long term neglect, and we are grateful to partners such as Dentaidd for regularly visiting our hostels to provide dental care to our residents, many of whom have suffered with painful mouth conditions built up over many years.

Mental as well as physical benefits of exercise

# MEANINGFUL USE OF TIME

**OUR DEVELOPMENT CENTRES CLIENTS TOOK PART IN 6393 HOURS OF ACTIVITIES THIS YEAR**

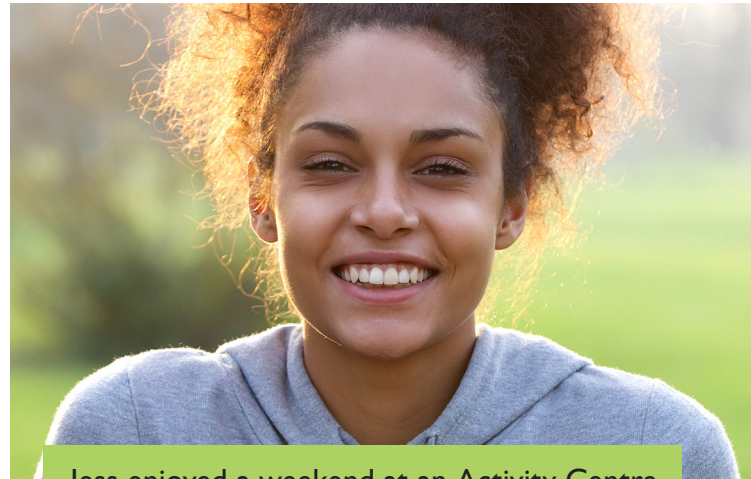
In February, our learning disability clients, residents, staff and volunteers took part in a wonderful production of Alabaré's Got Talent, showcasing the fabulous skills and creative flair of this amazing group.

Last summer, our wonderful supporters and other funders came together to help us raise the money we need to build a new community café at Old Sarum. The new café will provide training opportunities for our clients at Old Sarum Development Centre, and the chance to build confidence in working with the public.

are well known, and all of our Veterans have the benefit of gym memberships paid for by our generous funding partners.

Other residents have taken part in challenges, and achieved personal successes, including our young residents who enjoyed a weekend at Avon Tyrell Outdoor Activity Centre. Jess was one of those who took part;

*"At first I felt scared about some of the activities but I conquered my fears and loved every second of it!"*



Jess enjoyed a weekend at an Activity Centre

Our Development Centres often play a key role in the lives of our Learning Disabled residents. Ben has been with us since 2008. Lockdown has meant that he had to cope without seeing his family for several weeks. Ben usually attends our Barford Development Centre but due to its closure, our team have been working on other ways he can stay active.

Ben has been making a bird table for the garden, making a clock for the house, and gardening. Alongside all of this he was able to enjoy going on a bike that has been loaned to us by Disabilities Wiltshire. Having activities to keep him busy has been a real help during lockdown and Ben says he is happy that he's got lots to do.

Dave who also lives with us has completed his Cookie recipe presentation at home using skills he had learnt during his remote IT lesson and featuring photos of biscuits he made at home.





Our Alabaré Riverside Sanctuary team have been busy over the past few months

## MENTAL HEALTH

**85% OF YOUNG PEOPLE LIVING WITH US HAVE TWO OR MORE COMPLEX ISSUES**

In March 2020, we opened a new dedicated mental health service, Alabaré Riverside Sanctuary which provides a supportive, safe and calm environment, 365 days a year, for people who may be experiencing difficulties with their emotional or mental wellbeing. During the current Coronavirus Crisis, the service has been able to help many people experiencing severe anxiety or those who have struggled to cope.

The Alabaré team have also developed a Creative Spirit programme to help our residents explore elements of their wellbeing by means of activities such as cooking, crafting, walking and music which they are happy to take part in, and gives them a sense of achievement. The shared endeavour is often a way for our clients to talk about issues they would otherwise find difficult.

Sally came into our homes for young people three years after her mother had died suddenly.

Our team quickly saw that Sally she was still grieving and arranged a counsellor for her. Sally went to two sessions but said it was not for her.

Sally's support worker discovered that she liked to bake cakes as that was what she used to do with her mother, so she invited her to do some baking with her. While they were baking and cooking together they chatted about whatever Sally wanted to talk about.

One day Sally said she wanted to create a memory box for her mum and they worked together decorating it.

Sally then filled the box with small items and letters that she had written.

Coming up to Mother's Day Sally said she was feeling able to visit the cemetery. Afterwards, she was surprised how light she felt. They have since visited the grave again and Sally now feels able to talk about her mother.

Sally recently got a job and moved into her own home, but keeps in touch with the team.



# MOTIVATION

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## 40% OF OUR VETERANS ENGAGE IN ACTIVITIES THAT MOTIVATE THEM, SUCH AS TRAINING AND VOLUNTEERING

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Providing opportunities for volunteering, training and employment are key elements in our support of clients across Alabaré. Training can lead to employment, and even your own home, as in the case of our Veterans working on our Self-Build scheme in Leominster.

Owen is 35 and served two years in the Light Infantry before being medically discharged. Owen managed to get a few odd jobs when he left the Army, but struggled to settle, finally ending up in prison for a car related offence. He was released on probation and given a room in a probation hostel. Owen knew he needed to find a steady future for himself, if he wanted to be

able to stay in contact with his young son.

Owen was accepted onto the Self Build project but was very wary at first. He was withdrawn and didn't mix with the other builders. Gradually with Project Manager Gary's support Owen started to trust the team and enjoy learning a new trade. In November Owen and the rest of the team went on a team building course in the Brecon Beacons and subsequently a residential construction course in Cheshire. He gained his NVQ in Groundworks and hopes to qualify in other building skills once the Covid restrictions permit it.

*"I can't wait to be back on site and a bit closer to finishing my home. I am looking forward to having my son to stay with me and being able to provide a home where we can share good times. When I had to leave the Army I couldn't see a future for myself, and that's partly why I ended up in prison. Now I know I am capable of so much more, and am excited to have a home and a job ahead of me."*

# MANAGING TENANCY

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## 91% OF OUR YOUNG PEOPLE MOVE ON TO THEIR OWN ACCOMMODATION OR BACK INTO THEIR FAMILY HOME

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Our staff support residents to gain the appropriate skills needed to live independently. Pre tenancy training is available to all our residents.

Kelly was living with her partner and was pregnant with their first child. After their relationship broke down, Kelly had no where to go and faced with the prospect of becoming homeless.

After the birth of her daughter, she was placed with a foster placement for assessment. Kelly was then offered a room in our Parent and Baby Project where we provide specialist support to

young parents and their children. Here Kelly was able to get the wealth of advice and guidance she needed for both herself and her new-born daughter. As well as learning practical support around housing applications and tenancy agreements, Kelly also developed a number of life skills like budgeting and cooking.

Despite the challenges she faced, Kelly was determined to give her daughter the best possible start in life and started attending parent and baby class. Her progress was so positive that in the early part of 2020, Kelly and her daughter were able to move in to their own flat.

All of the staff at our Parent and Baby project are incredibly proud of how well Kelly has done!

*"I'm really grateful for Alabaré and I would definitely recommend anyone in need of support to get in touch with them."*



## CHARITY SHOPS

Our four charity shops still remain firm favourites with our fantastic donors and customers, and they have raised vital funds to help support our clients. We are grateful for the wonderful donations that we regularly receive from supporters, and apologise when we reach the limits of our storage. This year we have been able to upcycle and repair items which have been popular with our customers, and have offered an affordable house clearance service.

Last year our Wilton Superstore hosted a number of unusual and popular events including a Steam Punk day and a motorbike show. Thank you to everyone who came along and supported our events.

We shut up shop in March as the Covid crisis took hold, at a time when we urgently needed income to fund the additional PPE and

## CHAPLAINCY

We are blessed to have a team of 25 volunteer Christian chaplains working across Alabaré, headed by our Senior Chaplain The Revd Keith Thomasson. The team support staff, clients and volunteers with their pastoral and spiritual wellbeing and also have a key role in linking our homes and clients with church communities.

Over the last year, our Church Liaison Team have created a new Bible Study programme which we will offer to groups who wish to explore issues around homelessness. We hope that groups will be excited to take up this new programme and together we can increase awareness of those living in crisis.

Keith and our Spirituality Working Group have developed our Creative Spirit programme, and this tool has been successful in helping a number of clients across the year who have previously



Our teams upcycle and repair donated items

adaptations that were needed in our homes. We are so grateful to our shop supporters who generously gave to our Emergency Appeal instead, and we look forward to welcoming all our customers back once we are open.



Richard and Fiona, volunteer Christian Chaplains

struggled to share their past experiences or emotions.

The provision of chaplaincy and pastoral support is a strength that Alabaré draws on at all times, but none more so during the Covid- 19 pandemic when staff, volunteers and residents alike have found themselves dealing with anxiety, uncertainty and new ways of working. Keith and his team have helped to provide an additional support for everyone during this difficult time.

# FUNDRAISING

Our supporters have amazed us once more with their incredible skydives, marathon runs, school fundraisers and many other wonderful ways they have raised funds for Alabaré.

This year we added to our flagship Big Sleep at Salisbury Cathedral with Big Sleeps in January at Wiltshire Council Big Sleep at County Hall and a Youth Parliament event. The summer of 2019 was a special one for us as we saw National Armed Forces weekend come to our home city of Salisbury. We were thrilled to be part of the event, raising awareness of Veterans in need and giving thanks for the incredible contribution of our Armed Forces personnel and their families. We held a special exhibition of Flags of Thanks at St Thomas's Church in Salisbury, consisting of 1000 hand sewn flags, created by people around the UK, and held a Beating Retreat at Old Sarum with kind permission from English Heritage.



The Big Sleep at Salisbury Cathedral 2020

Many Charitable Trusts, Foundations and military charities have made vital donations to us this year, making it possible for us to run homes and services which do not receive any statutory funding, and helping to support the core costs of our charity. We are grateful to all of them.

We would like to pay tribute to those people who left a lasting gift to us in their will. Sadly we have lost several of our wonderful supporters in the last year, but the gifts they have made to us have already helped many people, and their kindness and generosity has lived on.

Of course Covid-19 has had a huge impact on our fundraising events at the end of our last financial year and into 2020-2021. We were forced to immediately postpone all events planned from March and for the foreseeable future.

Thankfully our wonderful supporters have helped plug that immediate loss of funds by responding so positively to our Emergency Coronavirus Appeal. The challenge goes on, however, to ensure we can continue to be there for those who are affected by both the immediate physical threat of this virus and the long term impact of lockdown, and which, without support services in place, could lead to a wave of homelessness in the months to come.

# VOLUNTEERING

Volunteers are the cornerstone on which our charity has been built. We are blessed to have 268 volunteers who between them gave us 26,925 hours of their time last year. These wonderful people are spread across our charity, and fulfil vital roles often leading activities that we would not be able to offer without them. The breadth and depth of support that this helps give our clients is something we consider very special at Alabaré.

*“My role is to help the wonderful Ruth in the Art class, making the tea and coffee which, in turn, gives me the opportunity to listen to our friends, as I call them, and encourage them in their artistic work. They astonish me with their talent,”*  
said Richard, volunteer Chaplain at Alabaré Place.

We are extremely grateful to all our volunteers for their incredible passion and dedication to Alabaré and our clients. Thank you so much.



# INCOME & EXPENDITURE

To build a resilient, viable organisation that makes financially sound decisions and is business-minded in its decision-making about investing for growth and sustainability and alive to commercial realities

## Income Resources (£):

Voluntary Income	1,537,379
Other Trading Activities	466,069
Investment Income	1,738
Charitable Activities	7,404,998
<b>Total Income</b>	<b>9,410,184</b>

## Resources Expended (£):

Cost of Generating Funds	1,356,075
Cost of Charitable Activities	7,650,287
<b>Total Expended</b>	<b>9,006,362</b>
<b>Net Income/(Expenditure)</b>	<b>403,822</b>

## Extract from Balance Sheet (£):

Fixed Assets	5,612,801
Net Current Assets	617,600
Creditors more than one year	(2,757,588)
<b>Net Assets</b>	<b>3,472,813</b>

## Funds (£):

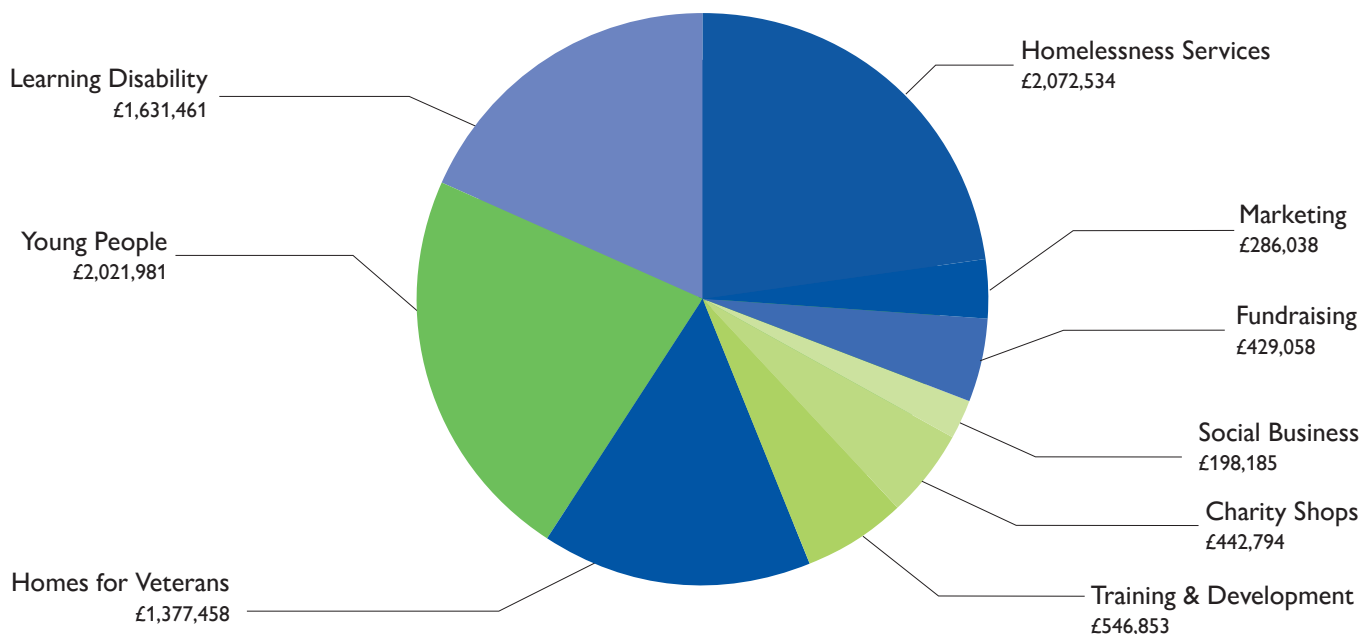
### Unrestricted

General held as fixed assets	2,678,026
General/other	424,278
<b>Total unrestricted</b>	<b>3,102,304</b>

### Restricted

<b>Total Funds</b>	<b>3,472,813</b>
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## EXPENDITURE 2019/20



The extract above, from the consolidated financial statements of Alabaré Christian Care & Support may not contain sufficient information to allow a full understanding of the financial affairs of the charity. A full set of accounts may be obtained by writing to: Nick Dalton, Alabaré Christian Care & Support, Riverside House, 2 Watt Road, Salisbury, SP2 7UD

# THANK YOU

We would like to say thank you to all the individuals, churches and organisations who have supported us this year including those we do not have space to list...

ABF The Soldiers' Charity  
Alice Ellen Cooper Dean Charitable Foundation  
Mark Allen  
Armed Forces Covenant Trust  
Aspire Defence Systems  
Big Lottery Fun: People and Places Wales  
Chippenham Lions Club  
Chippenham Town Council  
Community Foundation Wales  
Community of St Deny's  
Dentaid  
Disco Dion  
Dorset Police and Crime Commissioner  
Drapers Charitable Trust  
English Heritage, Old Sarum  
Forces Support  
Garfield Weston  
Greenwich Hospital  
Gwynt Mor Community Fund  
Hampshire and Isle of Wight Community Foundation  
Hampshire County Council  
J and M Britton Charitable Trust  
Longleat Enterprises  
Longleigh Foundation  
Rhys Flats Fund  
Royal Air Force Benovolent Fund  
Royal Navy & Royal Marines Charity  
Chris Ryland  
SA1 Solutions  
Salisbury Cathedral  
Salisbury Catholic Outreach SCORE  
Salisbury City Almshouse & Welfare Charities  
Salisbury City Council  
Spirax –Sarco Charitable Fund  
St Thomas & St Edmund Fricker Trust  
St Thomas' Church, Salisbury  
Lieutenant Colonel Neil Stace  
The European Fund – Groundwork London  
The National Lottery Awards for All  
The Queen Mary's Roehampton Trust  
The Royal British Legion  
Trinity House Maritime Charity  
Walking with the Wounded  
Wiltshire Community Foundation  
Wiltshire Council





# PATRONS, TRUSTEES AND AMBASSADORS

*As at 31st March 2020*

## Patrons

The Rt Revd Stephen Conway, Bishop of Ely  
General the Lord Dannatt GCB CBE MC DL  
Brigadier (Ret'd) Simon Firth CBE  
The Rt Revd Nicholas Holtam, Bishop of Salisbury  
The Rt Hon the Lord King of Bridgewater CH  
The Rt Revd Declan Lang, Bishop of Clifton

## Honary President

Reverend John Proctor OBE

## Trustees

Mr Malcolm Cassells (Chairman)  
Mr Don Alexander  
Mrs Teresa Barsby  
Air Vice Marshall (Ret'd) Martin Clark MBA BSc (Eng) Ceng  
FIET FRAeS RAF  
Mrs Catherine Detain  
Reverend Canon David Durston  
Mr Richard Holman  
Mr John Hunter  
Mrs Alicia Proctor  
Mr Mark Proctor  
Mr Phil Ruark-Davis

## London Ambassadors

Mrs Lorraine Davis  
Mr Alex Cooper  
Mr Rowley Gregg

## Gloucestershire Ambassadors

Colonel (Ret'd) Ian Harris  
Cllr Neil Hampson  
Mrs Jane Jennings  
Lieutenant General (Ret'd) Sir John Kiszely KCB MC  
Mr Martin Lattimer  
Mr Charles Malet  
Mrs Amanda Raybone JP  
Mr Anthony Raybone  
Mr Chris Ryland  
Lieutenant Colonel (Ret'd) Andrew Tabor JP

## Dorset Ambassadors

Colonel (Ret'd) Oliver Chamberlain QVRM TD DL

## Hampshire Ambassadors

Mrs Joan Ferrer JP DL  
Colonel (Ret'd) Charles Ackroyd TD RD DL  
Brigadier (Ret'd) David Harrison JP DL  
Captain (Ret'd) Mike Matthews RN  
Mr Mark Thistlethwayte

## Plymouth Ambassadors

Commander (Ret'd) Chris Thorpe BSc MIET RN  
Dr Norman Biddle  
Commander (Ret'd) Charles Crichton OBE MSocSc RN  
Mr David Fitzgerald  
Mr Chris Forrest  
Brigadier (Ret'd) Christopher Lunn  
Brigadier (Ret'd) Simon Young CBE DL  
Commodore (Ret'd) Jamie Miller CBE DL RN

## Wiltshire Ambassadors

Commodore (Ret'd) Richard Lord CBE MSc RN  
Mr Mark Allen  
Dr Sophy Antrobus MBE  
Mr David Bartlett  
Mrs Teresa Barsby  
Mr Rory Carter  
Brigadier (Ret'd) Alister Davis MBE  
Mrs Gay Edwards MBE  
Lady Ruth Hawley DL  
Mrs Sara Jones CBE JP DL  
Sir Craig Mackey QPM  
Sir Francis Richards KCMG CVO DL  
The Venerable Stephen Robbins CB  
Air Commodore (Ret'd) Stephen Sims OBE BSc  
Mr Alan Taylor

## Bristol Ambassadors

Mr Don Alexander  
Mr Robert Bernays OBE DL  
Mr David Penniall MBE BEM  
Mr Andrew Street

## Wales/Cymru Ambassadors

Major General (Ret'd) R H Talbot Rice CBE  
Lieutenant Colonel (Ret'd) Andrew Tuggey CBE DL  
Mr Huw Williams  
Mr Richard Williams-Bulkeley

## Hereford Ambassadors

Mrs Christine Robinson

## North of England Ambassadors

Mr David Lawes



If you would like to find out more about Alabaré's work, please get in touch:



[enquiries@alabare.co.uk](mailto:enquiries@alabare.co.uk)



01722 322882



Get more information on our website:  
[www.alabare.co.uk](http://www.alabare.co.uk)

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Registered Charity No.1006504 Registered in England No. 2604011

