

Impact Report 2020/21



Enabling a fulfilling life



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In 2020/21 our charity formally changed our name to Alabaré Christian Care & Support, and we updated our Articles of Association. Our Registered Charity Number remains 1006504.

www.alabare.co.uk

Message from our Chief Executive

Never has a year seen challenges like the past one, nor more completely underlined the value of what we do as an organisation and as individuals. Back at the beginning of last year, we were only starting to get to grips with the implications of the pandemic and its impact. With your help, we have protected and supported hundreds of vulnerable and homeless people who would otherwise have been placed at a huge risk from Covid. I am so thankful we have not lost anyone to this virus.

As you read this review you will hear the voices of some of the hundreds of clients, staff and volunteers whose determination and resilience have been the story of this year. There have been many incredible achievements: the veterans in Leominster who completed and moved into the homes that they had helped to build in time to celebrate Christmas; the young people securing new jobs and accommodation; the vital role of our new mental health service. All around our charity our teams have been on the frontline, putting their own fears aside and adapting to deliver support in new and creative ways, making sure we are always there for those who need us.

Back in April 2020, we were extremely concerned about coping with the financial impact of the pandemic. Our charity shops closed, and as Covid cases rose we decided to postpone our planned fundraising events, just as Government restrictions made public events impossible.

**A total of 1389
people were supported
across our services
last year**



We furloughed some staff including some who were vulnerable themselves. Our fundraising team were tasked with applying to trusts and grantmakers, and with putting on events and appeals in new and creative ways, such as the Big Sleep at Home which welcomed existing and new participants to Alabaré.

Local communities and businesses, supporters, churches, and many charitable trusts and grant givers all responded willingly, helping us secure the vital funds and supplies that we needed to adapt in order to continue to deliver our vital services. Thank you so much to everyone, we really could not have done this without you.

And so as we move forward with hope for the year ahead, we also celebrate our 30th Anniversary at Alabaré. I am so proud of the incredible staff and volunteer team who have worked tirelessly through the past year. Covid has not receded completely, and we remain alert to the challenge, but we are stronger for this journey together and more passionate than ever about the difference we can make in ensuring everyone has the opportunity to live a fulfilling life.

Andrew Lord, Chief Executive

A word from our Chairman



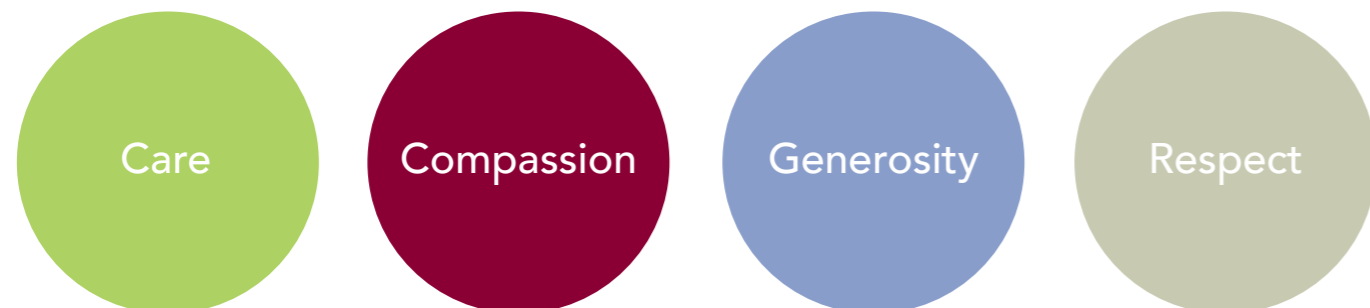
The past year has been an exceptional one in so many ways, and I am so proud of the Alabaré staff and volunteer team who have put the lives of our clients first and foremost, with a determination to ensure that those we serve to remain safe and well. Thank you to every one of them.

It is this care and compassion that is threaded throughout Alabaré, and these values are the core of everything we do. They were the pillars from which John and Alicia Proctor founded our charity 30 years ago, an anniversary that we celebrate this year.

As we look back at those 30 years, we see the thousands of people we have walked alongside. We see the lives that we have helped transform; we give thanks to the people and the organisations that we have worked with, and we are grateful for the thousands who have prayed for us, believed in us, and supported us. To celebrate this year, we have captured the voices of 30 of these incredible people to reflect on what Alabaré has meant to them. You can hear these stories on our website and social media channels across this coming year.

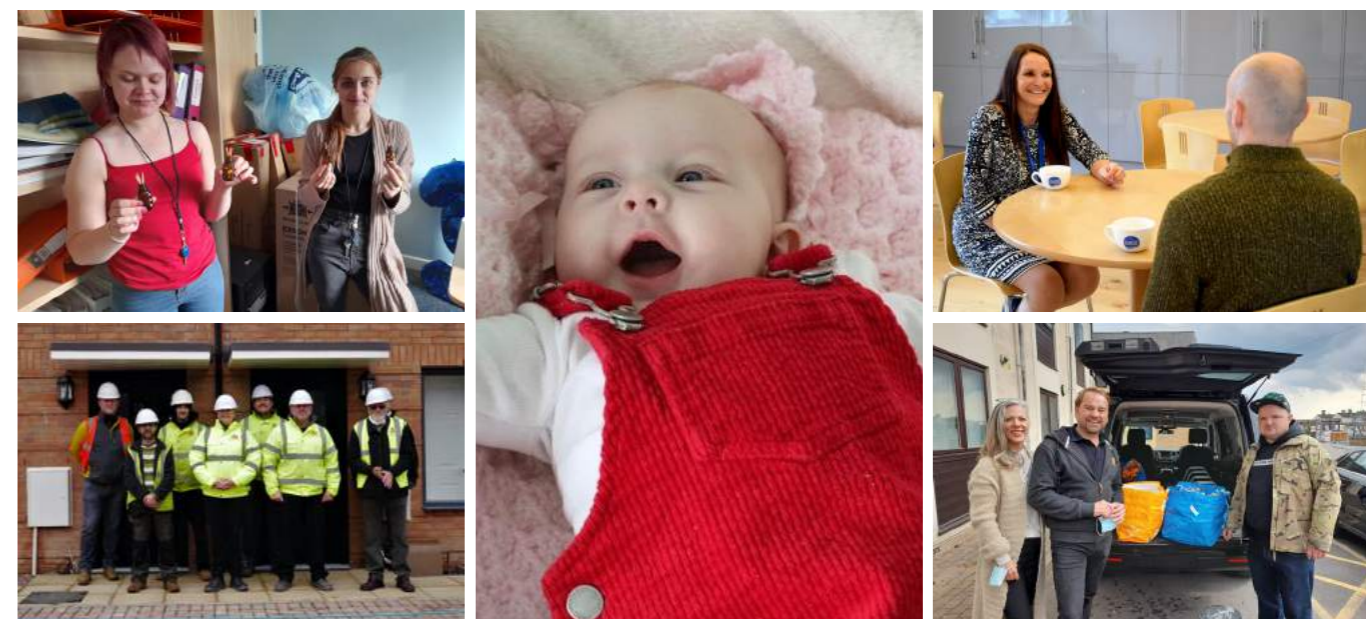
Finally, I would like to welcome our new Patrons, The Right Reverend June Osborne, Bishop of Llandaff, and author, presenter and Army Chaplain Reverend Joanna Jepson and thank them for their enthusiasm and commitment to our charity. I would also like to thank all our other Patrons, Trustees, Ambassadors and committee members for their guidance and support throughout the year.

Malcolm Cassells, *Chairman*



Our vision

Our vision at Alabaré is a society where everyone has the opportunity to live a fulfilling life. This is drawn from John 10:10 “I have come that they may have life, and have it to the full”.



Our mission

Our mission is to support people to find purpose, hope and meaning in their lives, by providing:

- Good quality accommodation – a safe home until they can find a permanent home
- Professional support and advice – offering choice and explaining consequences
- Training in life skills
- Care, compassion and respect – listening to their needs and aspirations
- Support - in overcoming the barriers they face in transforming their lives



DELIVERING EXCELLENT SERVICES

TO FOCUS ON OUR SERVICE
USERS' NEEDS, TO BUILD AND
SUSTAIN SERVICES THAT ARE
A BEACON FOR THE SECTOR,
ACHIEVING OUTCOMES
CONSISTENT WITH OUR
MISSION AND MEETING THE
CHALLENGES OF OUR SERVICE
USERS' SUPPORT JOURNEY





DELIVERING
EXCELLENT SERVICES:

OUR WORK WITH
THE HOMELESS

Our Year... Homelessness Services

This has been a challenging year for staff and service users alike. It has challenged how we work and interact with our service users.

Our teams have worked tirelessly to try and keep our residents safe and well during the pandemic, and we moved quickly at the first signs that Covid was going to hit the UK to ensure we had adequate provisions in place for residents to self-isolate and still receive the support they need. We are grateful to the many individuals and funders who helped us in those very difficult first months to create new ways that we could accommodate residents should they fall ill, and keep other residents safe and well.

Day to day support in our homes has continued throughout, and our teams have done everything they can to help residents comply with the national restrictions which many have found a huge challenge. The restrictions have amplified the struggles that many of our clients already have with addictions and wellbeing. This has created additional pressure on our teams, and the pandemic has highlighted the importance of our good work and open dialogue with local authorities and communities in overcoming instances of anti-social behaviour that have sometimes occurred.

Many providers understandably decided to withdraw their face-to-face client support during the pandemic and this has had knock-on effects which we have felt in many of our services. We have seen an increase in the number of people at our Drop-In Centres, and we expanded our provision in Trowbridge to offer daytime support as well. This has had the added benefit of enabling us to provide more targeted help for those clients helping them access the specialist support they need.



Progress has continued in our services, with a new seven bed house opened in Bideford in July. Due to the demand for accommodation the house was immediately full and has remained so since.

Our provision for men and women leaving rehabilitation centres in North Somerset has moved from Clevedon to Weston Super Mare, and we are looking to grow this new provision further in the coming months.

Despite Covid restrictions, 15 clients successfully moved into independent properties, all of whom have maintained their tenancies.

Thank you,

Sue Gumbleton,
Operations Manager, Homelessness

Homelessness: The Facts

Every night we can provide a safe bed and support for at least 140 homeless people through our 22 homes, plus drop-in and crisis support services.

The Crisis

Last year we supported 472 homeless and vulnerable people

195 moved on from our services last year, with the rest continuing to live with us for more than one reporting year. All of these people had been homeless, with more than 80% having slept rough.

Mental Health

69% of the homeless adults in our services stated that they had issues with their mental health

Mental ill-health is increasing and has been an area of concern during the pandemic. In 2020 we launched our Riverside Sanctuary Mental Health & Wellbeing service to help those who need support.

Wellbeing

81% of homeless adults moving into our services stated they needed help with their wellbeing

Wellbeing can cover physical, emotional and mental ill-health. Often these can occur together, resulting in our clients frequently facing multiple challenges.

Demographics

68% of our clients are male
30% are aged 26-35

The “average” person coming into our homeless provision is aged between 18-35 and has been homeless for 36 months.

Financial Problems

55% of homeless people moving into our homes stated that they were in debt

Loss of jobs and income is likely to increase as the fall-out from the Covid lockdown reaches its full impact. We are ready to help those whose debt results in them losing their tenancy and home.

Substance Misuse

31% and 38% of homeless adults in our services state they had alcohol and/or substance abuse problems

Many have had issues with substance misuse for several years. Alcohol misuse is high and over many have used cannabis, heroin or illegal highs.

More than just a Home

Great emphasis is placed on building people’s confidence and self-esteem, with volunteers and organisations giving their time, skill and dedication. This year though, many volunteers had to take a step back from volunteering duties, or services were reduced.

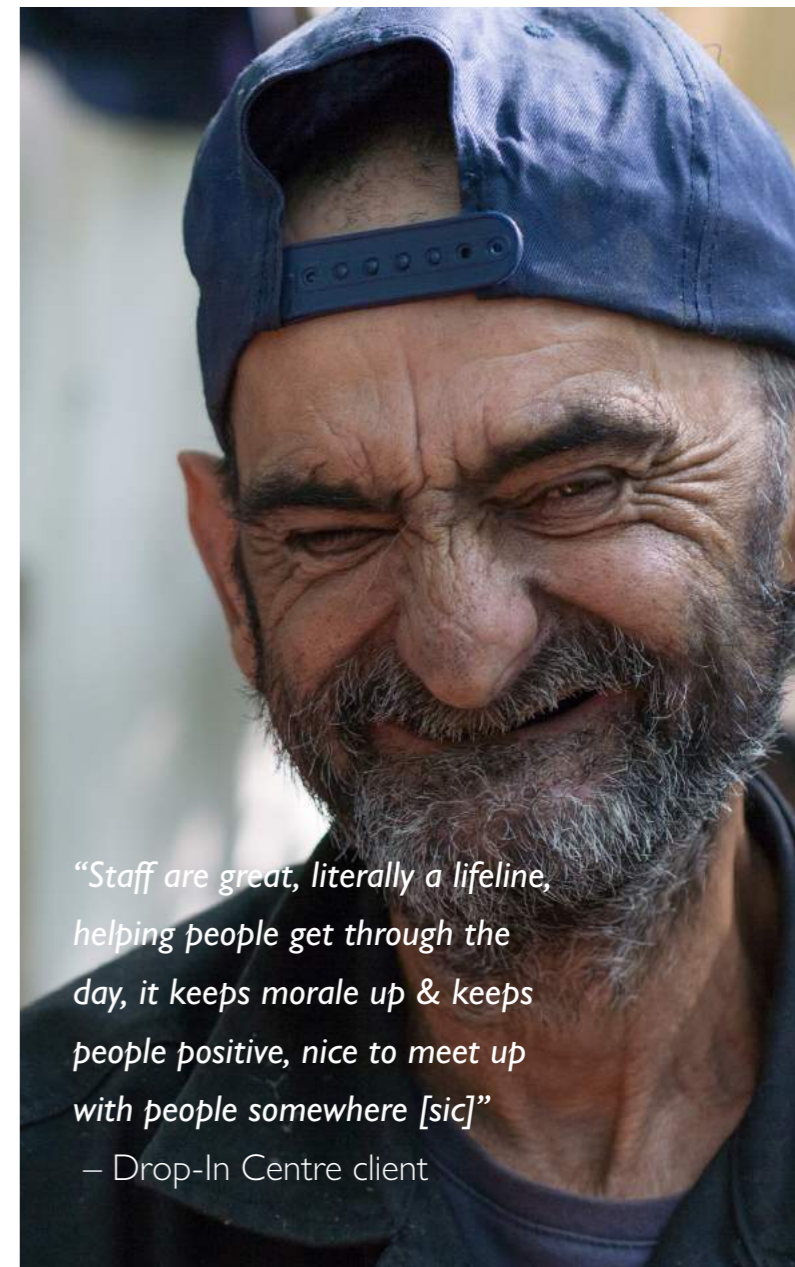
Many homes have witnessed increasing resident anxiety, with residents having underlying health conditions and who lead chaotic lifestyles. With mental wellbeing highlighted, it was fortunate we were able to signpost to our new Riverside Sanctuary Mental Health and Wellbeing service last year.

We continued to work closely with the charity DentaId, who have visited Unity House and Alabaré Place hostels several times. Residents often struggle to obtain health care provision which makes this service invaluable. We have also been greatly supported by Salisbury Medical Practice who visited Alabaré Place to administer flu and Covid vaccinations to residents and others within the support network.

Unable to offer the Drop-In Centres during lockdown, we secured a mobile catering unit from our Field Kitchen social enterprise, which had put its service on hold. The converted horsebox became a regular meeting point in the Alabaré Place car park during initial lockdowns.

Due to social restrictions, we were unable to offer the Severe Weather Emergency Protocol although many had been temporarily assisted through the Government’s ‘Everyone In’ campaign.

The charity the Queen Mother’s Clothing Guild offered various new items such as new underwear, joggers, hoodies, sleeping bags and jumpers for service users and rough sleepers, while at Christmas, we were overwhelmed with donations from individuals, groups, business, and food retailers. We remain incredibly grateful for everyone’s support and generosity during these challenging times especially.



“Staff are great, literally a lifeline, helping people get through the day, it keeps morale up & keeps people positive, nice to meet up with people somewhere [sic]”

– Drop-In Centre client

1895

hot meals were served at our Salisbury Drop-In Centre an 80% increase over the last two years

31,655

hours of support given to clients across our Supported Housing schemes in north and south Wiltshire

Moving on to Independence

Nigel has been coming to Alabaré on and off for over ten years, needing support and accommodation, but never being quite in the right place in his journey to be able to make the permanent move away from his life on the streets.

Nigel has a disability and during the winter was living in a local car park. Working with the Council we were able to bring Nigel into one of our intensive beds, bringing him out of the cold and giving him the support to start to rebuild his life again.

Nigel was given extensive support to manage his finances, maintain his personal care and cleanliness of his room and stabilise his mental health. Support was offered around his substance misuse and vulnerability to exploitation from others. Due to Nigel's complex needs, he was unable to fully engage in all areas, but made good progress, and was eventually able to register for local authority housing. Some while later he was offered a flat within a sheltered housing scheme. Nigel's flat was furnished throughout, he was provided with enough food to fill his fridge and cupboards, and care was arranged to ensure that he had everything he needed for a smooth transition.

Unfortunately, whilst everything was put in place, Nigel's old challenges came back to haunt him and he decided that he couldn't manage and left to return to the car park. After a week of outreach visits to Nigel, coupled with encouragement and gentle persuasion, we supported him with transport and he moved into his new accommodation, where he has stayed successfully since.

Due to the complexity of Nigel's needs, there will always be ups and downs, but we have been able to continue to provide him with additional ad hoc support as and when needed, and in partnership with others, to enable him to continue to manage his new life in his own flat.

86%

of our residents move successfully into independent living

63%

stated they wanted support with their mental health and said that theirs had improved whilst living with us

48%

of residents who needed help with securing long term paid work did so whilst living with us

94%

of our residents who needed support with their physical health said that theirs had improved whilst living with us

86%

of residents needing help to access support groups said that they achieved this whilst living with us



“Tina, you were largely instrumental in me being on the forklift course, so thought I’d share my good news with you first – I passed both the theory and practical test!”

– Tom, who lived with us at Andrew House, is still clean and sober, rebuilding relationships with family and working part-time.



**BUILDING LIVES
CREATING FUTURES:**

**OUR WORK WITH
VETERANS**

Our Year... Veterans services

Our Homes for Veterans have continued to provide safe and secure accommodation for ex-service personnel. Despite the challenges and turbulence of the last year, our veterans staff teams across England and Wales have supported residents towards their individual goals and have seen many achieve these.

Our teams worked with partner agencies to move veterans into our homes and to help those ready to move on. In Salisbury, we supported Bill, a 96-year-old WW2 veteran who wished to find his forever home by the sea. While during the first lockdown we helped with shopping and other needs, we also worked towards finding him a manageable home near Portsmouth. Thankfully, he is now settled and enjoying his new life near his beloved sea where he also has regular visits from our Royal Navy & Royal Marines Outreach team.



In South Wales, several residents have moved onto their own tenancies. Several residents have been actively volunteering at such places as the Pit Pony Sanctuary, at a local Hospital covering security duties, while another has signed up for a local college Barbers course. We have joined forces with “Boots on the Ground” (see page 52) and are looking forward to renovating the garden in Pontypridd. Residents have been decorating their rooms and getting involved in DIY projects. We have also implemented a “Veterans Breakfast” initiative.

In North Wales some of our residents have been planting trees and coppicing in the Conwy area.. They are also going to be doing flower arranging and landscaping at a few of the local railway stations as part of an event organised by Transport for Wales with Boots on the Ground.

Our Homes for Veterans are entirely funded by charitable donations, and we are incredibly grateful to all of the supporters who make it possible for us to be there for vulnerable and disadvantaged veterans – thank you so much.

A Williams

Anne Williams,
Operations Manager, Homes for Veterans



Veteran Homelessness: The Facts

Every night we can provide a bed and support to at least 108 homeless or vulnerable veterans across 21 homes in the south, south west and Wales.

The Crisis

280 veterans were supported through our Homes for Veterans

All of the veterans living in our homes have been homeless, many having spent months or years sleeping in tents, rough on the streets, sofa surfing or living in squats.

Military Service (inc reservists)

78% Army
7% Royal Air Force
15% Royal Navy / Royal Marines

Homeless veterans come with their own set of challenges in that they tend to be resilient with a deep sense of pride that can make it difficult for them to accept support.

Mental Health

41% of our veterans stated they had issues with their mental health

Many veterans can be reluctant to declare any mental ill-health due to a residual stigma attached to this. Those who do, report issues of anxiety, depression and PTSD amongst others.

Demographics

29% of our veterans describe themselves as WIS. 22% have a mobility issue

WIS is a term used by the Military for those who have been wounded, injured or sick as a result of their service. 55% of all veterans stated they needed support with their physical health.

Operational Tours

54% served for more than 4 years
24% Northern Ireland 13% Balkans
12% Afghanistan 10% Iraq
4% First Gulf Conflict

When coming out of the Services, many veterans need support to adjust to civilian life. Residents benefit from the model of veterans helping veterans through this time.

Substance Misuse

22% of Veterans declared that they needed support for issues with alcohol

Key to this support is veterans declaring the need; whilst many have obvious support needs, only a small number accept they have an issue.

“Throughout the year our clients have been undertaking training courses, attending college and volunteering for the NHS, so during the lockdown, our clients have certainly kept themselves busy! I am so proud of their commitment, drive and enthusiasm,” Chris Mills, Homes for Veterans Cymru Manager



More than just a Home

Our service continues to provide a safe platform for veterans from all of the tri-services so they may focus on their future and build the necessary skills, confidence, and resilience to move onto independent living and fulfilling lives.

Living as part of a small community is crucial to our veteran support success. A large part of our role is putting together individual support packages so that veterans can work towards re-establishing social links through increased social interaction, whether that is volunteering or employment. Learning to manage day-to-day finances and commitments so that they can move on to independent living arrangements is also critical and can help ensure that they can move forward positively with their relationships. Many residents go onto rebuild links with family, children, and friends.

Over the last year dealing with sometimes challenging behaviours and working against several periods of enforced lockdown made it particularly difficult to maintain active lifestyles that were further impacted by reduced services and reduced daytime opportunities. Accessing a gym is very important to many of our residents, and closures undoubtedly impacted those who struggled with social isolation.

Homes in North Wales were provided with

individual fridge freezers in residents rooms when lockdown meant residents had to use fewer communal areas. Further donations provided computer tablets so residents could keep in touch with friends and family during lockdown.

Once lockdown eased, the opportunity to get involved with Alabaré's social enterprises Field Kitchen and Boots on the Ground was seen as important to several residents particularly in North Wales. Veterans also engaged with partner charities such as Woody's Lodge across Wales, or Plymouth based Greenhook Fishing who provide training and employment in the boat building and fishing industries. Each enterprise acted as a vital social hub.

As with other services we have once again been supported by local donations from individuals, groups, business, and food retailers. Together with the ongoing support of charities and agencies such as SSAFA and Nacro, we remain immensely grateful for everyone's support and generosity during these times.

84% OF OUR VETERANS WHO STATED THEY WANTED HELP TO TAKE PART IN SPORT WERE ABLE TO WHEN RESTRICTIONS PERMITTED IT

Moving on to Independence

Adam came to Alabaré Homes for Veterans following the initial lockdown in 2020. Adam had struggled with alcohol and drug addictions for several years following an overnight immediate medical discharge from the Navy after 15 years of service.

Although Adam went on to hold down a successful job, he became a fully functioning addict for several years as he struggled to cover up his depression. Following redundancy, Adam ran up multiple debts and then nearly lost his life to a drugs overdose, whereupon he decided to pack up and move in with a friend at the beginning of the first lockdown. After losing a couple of close relatives Adam joined us suffering while suffering from extreme social anxiety.

Since working with the Alabaré team Adam has now moved into his own independent flat and he is rebuilding his life. Adam is especially keen to help ensure others by ensuring they do not end up in the same position as he did. He is writing a blog and is keen to work with Alabaré Homes for Veterans in any way he can.

31

veterans living in the community received support from our Veterans Outreach Team

67%

of our veterans who wanted support with their mental health said that theirs had improved whilst living with us

73%

of our veterans who said they needed help to access leisure and community-based activities did so

“Somebody cared. Someone was there to listen, and yeah someone cared when I thought no one would or should.”

Adam, Ex-resident



Our Year... Veterans Self-Build scheme

The Alabaré Veterans Self-Build scheme has been the result of a true partnership, formed with a shared vision to deliver a flagship quality housing scheme while helping socially excluded veterans rebuild their lives. It is a powerful example of what can be done when public, private and third sector organisations work together.

With the help of Hereford Council and Stonewater, a housing association, we located a potential scheme in Leominster, 5 miles north of Hereford in 2018. Stonewater agreed to demolish and rebuild a number of dilapidated dwellings desperately needing regeneration and together we created a plan for the new veterans self-build at Waterworks Lane.

Veterans Self-Build has two vital aspects to it. The primary outcome is a number of dwellings. But more importantly, the self-builder can rebuild their life by potentially building their own home. The site itself becomes a platform for recovery and transformation, leading to paid work and independent living.

Twenty veterans benefitted from this scheme, with nine eventually moving into homes on Waterworks Lane. The Covid pandemic elongated the plan dramatically. Despite this we were delighted six veterans involved in build managed to move in a week before Christmas, and were able to enjoy the festive period in their own homes for the first time in many years.

What makes the Veterans Self-Build scheme stand out is that while our veterans will have many opportunities to learn new skills on the building site which could lead into employment, it is the



personal development that happens alongside it that is fundamental to recovery. The site, its rigour and its creativity improve attitude, mindset, and mental health that, when aligned, help enable a veteran to reintegrated back into the community and manage their tenancy successfully.

Our next Veterans Self-Build is due to begin in Plymouth in early summer 2021, and we are working on developing new schemes in other areas as well.

Kenneth Hames,
Chief Operating Officer,
Alabaré Veterans Self-Build Scheme

DELIVERING
EXCELLENT SERVICES:

VETERANS SELF-BUILD

Moving on to Independence

Adrian is 35 years old and served 2 years with the Light Infantry before being medically discharged. Leaving the Armed Forces, which he loved, had a negative effect on him and his mental health suffered.

Adrian has a young son with his ex-partner but the relationship broke down and he was not able to see his son which was painful for him to deal with. Adrian struggled with authority and he ended up losing his home after getting into a fight.

Adrian was referred to the Alabaré Veterans Self-Build Team whilst living in a hostel in Worcestershire. He was initially very wary of the project and people involved and was very withdrawn. However, the Project Manager, a veteran himself, worked with Adrian to build mutual trust. This positive relationship continued and Adrian committed himself to the project, going on to gain his CSCS card (Construction Skills Certificate Scheme), which was vital for him to be able to start to build a career in the construction industry.

The Alabaré team helped Adrian to register with a local doctor and helped him sign up for TILs (transition, intervention and liaison) Veteran mental health-specific support.

During the Veterans Self-Build programme, Adrian took part in our team building in Brecon, which he embraced. He openly discussed his hopes and the goals he wants to achieve in the future. This is the first time we had heard Adrian talking positively about his future which was a terrific milestone.

Adrian completed the Veterans Self-Build programme with us, gaining multiple qualifications along the way. He was able to move into one of the houses he helped build the week before Christmas and was delighted to have this own home and security once more.

(Right) Leominster Veterans Self-Build

20

veterans benefited from the Veterans Self-Build Scheme this year

9

veterans moved into the scheme

26

qualifications were gained by veterans taking part in the scheme

1:10.26

is the forecasted cost to social benefit ratio for the Waterworks Lane project



DELIVERING
EXCELLENT SERVICES:

OUR WORK WITH
YOUNG PEOPLE

Our Year... Young People's services

The staff team within our Young People's services have met the challenges of the last year with tenacity, determined to ensure our residents would come through the lockdown resilient and positive about their futures.

A lot of time has been spent investing in activities for our young people to be involved in whilst the lockdown has restricted their normal lives. A series of Come Dine with Me evenings were a particular highlight. This has been incredibly important for their mental wellbeing and occupying time when they are missing friends and families.

Our teams worked together quickly at the start of the pandemic to secure funding from several charitable Trusts and other organisations for a number of computer tablets that residents have been able to use to keep in touch, and both our staff and residents have embraced programmes such as Zoom and Teams to communicate. One benefit of this has been that residents across our homes and geographic spread have been able



Flowerpot workshop



to simultaneously get involved in discussions and activities which may not have happened before the pandemic.

We were able to take a number of young people into our homes during the pandemic, including a young person whose family refused to have him back after he spent a weekend during lockdown at a friend's. That young person is still with us and thriving.

Despite the lockdown restrictions our teams have worked closely with local authorities to help several young people move on to their own accommodation during the last year. We have continued to provide them with ad-hoc help and advice to make sure they settle into their new lives and can manage successfully.

I am proud to manage the Young People's staff team, they have had an amazing year.

Vanessa Bedford

Vanessa Bedford,
Lead Operations Manager, Children & Young People,
Development Centres and Training

Youth Homelessness: The Facts

Every night we can provide a bed and support to 82 young people including those leaving care, through our 14 homes.

The Crisis

We supported 249 young people through our accommodation services last year

Of those coming into our Sarum House home in Andover, 32% of young people said that they had previously been sofa surfing, relying on friends for somewhere temporary to sleep.

Mental Health

32% of our young people reported they had experienced periods of depression

Key mental health issues were depression and anxiety, however, self-harming and suicidal thoughts are not uncommon. Around 12% of our young people have self-harmed.

Family relationships

60% of young people (not from Social Care) came to us following a family breakdown

Family arguments, divorce or poor relationships were the cause of homelessness for the majority of our young people. Trusting adults is then a huge barrier for them to overcome.

Demographics

56% of the young people who lived with us were male. Their average age was 18-21

10 adults and 11 babies stayed in our Parent and Baby home. 61 young people came to us from Social Care.

Substance Misuse

17% and 25% of young people reported they had issues with drugs or alcohol respectively

However, our teams estimate that around 80% of young people will binge drink, drink unhealthily or use recreational drugs and until working with us did not identify this as an issue.

“I really enjoyed the Come Dine with Me experience, especially working as part of a team throughout the activity. The best part was eating all the food and showing staff we can cook.

Would love to do it again!”

Amy, Resident

More than just a Home

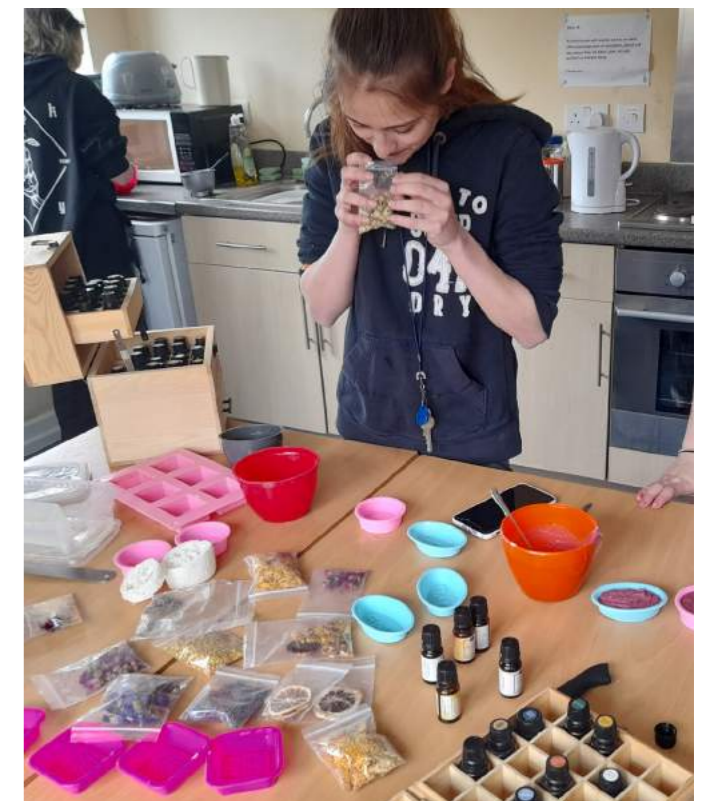
Being part of a small supportive home is an excellent way to connect with others so that younger people who may have only recently left care or a home environment can have support as they move into adulthood.

Over the last year, these groups have proved vital as everyone came to terms with enforced restrictions and less familiar social units over lockdown.

Many group activities faced constraints during Covid, meaning that our teams have had to develop new ways for residents to be creative. Having the chance to take part in activities that can develop a sense of calm while continuing to build self-esteem and confidence, has been important for the mental wellbeing of residents.

Across Alabaré we have developed a programme called Creative Spirit, born out of the recognition that it is often much easier for clients to share stories and concerns while they are doing something else, be that cooking a meal or undertaking an art project. While again some projects had to be curtailed a series of entertaining Come Dine With Me events were run and several art groups and activities were explored such as one which involved blending and learning about essential oils.

Despite lockdowns and restrictions, several young people have moved on successfully to their own accommodation as teams continued to work closely with local authorities to ensure this happened. As well as grants and donations to specific homes we also received a grant of £5,000 from the Pavers Foundation to help provide employability coaches to support young people within our homes in the Salisbury area.



(Above) Essential oil diffuser workshop
Soap making workshop

Moving on to Independence

Daniel joined us in May 2021 having moved to the area from Kent. A change in personal circumstances meant that he was facing homelessness and dealing with his own health issues became a challenge.

Daniel's historic mental health problems had seen him move around several sheltered housing venues in his home town, but after previous support mechanisms had failed to help, he decided that a change of scenery would be his best option. He originally moved to the area to join his sister and children, but when his sister fell pregnant it became evident that there would be no room for Daniel to continue living there and he needed to seek an alternative place to live.

With just a matter of weeks to find somewhere to live the stress started to affect his already fragile mental health but eventually he received the call to secure his accommodation.

Having a clinical diagnosis of his specific mental health condition allowed him to acknowledge the support that he would need going forward, for his own path to recovery. Since coming to us he has benefitted from the help of our support team, to forge new connections with other residents in his house, and whilst he has yet to start exploring the local area, he's looking forward to getting out and about.

The one-to-one support that Daniel has received from our team has been incredibly beneficial. He's positive for his future and ultimately, he's hoping to get back into work in the building trade and take on his own tenancy. With this mindset, the stability of somewhere to live and ongoing support, there is every chance he will succeed.

42%

of our young people who wanted support to manage their mental said theirs improved whilst living with us

58%

of young people who needed support to manage independent living said they had achieved this

55

of our young people completed their Home & Money Lite pre-tenancy programme

72

young people have engaged in training or education whilst with us



Our Year... Learning Disability services

This year has been very challenging for both staff and our clients. Many of our clients had little understanding as to why everything around them was changing, such as not being able to see their families and loved ones, or why their day placement venues were closed and why they could not go out shopping.

Our teams used communication tools to help clients and residents understand what Covid is and why we all have to keep safe. It was vital that clients and their families could remain in contact. We purchased several computer tablets to ensure that all clients could video call their families and friends. We bought gazebos and patio heaters to enable socially distanced garden visits when restrictions permitted them.

I am amazed at how our clients have coped, and the fantastic resilience they have shown. This has been hugely helped by our support staff quickly thinking of alternative activities to create a timetable within our homes. We have been doing a range of fun activities such as virtual quizzes, discos, and 'Around the World with Alabaré' amongst others. Wiltshire Council kindly lent us two disability bikes as well, which the residents loved using and we would like to have permanent versions available for residents from now on.

Spirituality and Faith is an important part of life for many of our clients. I am very grateful to our Senior Chaplain and our volunteer chaplains who have ensured our work within our Emmaus Community has continued. The Alabaré Emmaus Community are our supported living homes where the residents share and practise their Christian faith.



The use of assisted technology has had a massive impact on reducing social isolation for our clients. Many have learnt new skills such as how to do online shopping and use internet banking.

I am extremely thankful to our amazing team of paid staff and volunteers for the dedication they have shown to Alabaré and our clients throughout this challenging year. It is a real privilege to work alongside you.

Georgina Vickers,
*Operations Manager, Learning Disabilities
& Mental Health*

DELIVERING
EXCELLENT SERVICES:

OUR WORK WITH
ADULTS WITH
LEARNING DISABILITIES

Home & Community

The Alabaré Home and Community team provide a domiciliary care service, supporting vulnerable people in their own homes. The team first met Simon when he was offered accommodation by the council. He had complex needs and required support to help him maintain his tenancy health and wellbeing.

It took a long time for Simon to accept our support and he would often be out when we arrived for an appointment or would call from a window to say that he was fine and didn't need any help. Slowly but surely the team managed to build a relationship with Simon and he began letting us into his home to help him.

Simon's circumstances make him vulnerable to exploitation by others, and he was concerned that "friends" would come and stay with him, and he felt unable to tell them to leave. The Alabaré team worked with his social worker and housing worker to help him put in place a closure order on his home, to give him the protection he wanted and needed from others. Simon is much happier now this is in place.

The team have helped Simon understand his budget and his food requirements. One particular problem that he had previously was that he was wasting a lot of food having bought too much as he didn't know how to judge the quantities he needed to feed himself. Working together, the team helped Simon create a shopping list each week and supported him to go shopping. We were also able to do his shopping for him when he didn't feel confident going out during the Covid restrictions. He now enjoys going for walks with members of the team, which improves his mental health and wellbeing, and often feels happier sharing his worries or struggles when he's away from home.

Being able to visit Simon in his own home means that the team can remind him to wash his clothes and keep his flat clean and tidy. We have been able to arrange

new clothes for him when he's indicated he has needed some.

The team are also there to support him with reducing his alcohol intake and use of recreational drugs, and both have lessened considerably since we have been supporting him. Simon is now looking forward to the things he would like to achieve and is hoping to enrol on a course at the local college later this year.

31

people are supported through our Home & Community service

39

people live in our Supported Living homes

7

of our residents are in paid employment

11

of our residents engage in voluntary work



Our year..... Development Centres

This year has been a roller coaster for our Development Centres at Barford and Old Sarum, our staff teams and clients. The Covid pandemic has meant that we had to close our doors to clients and the public for much of the year.

When the country came out of our first lockdown, our team was able to ensure that the centres were both Covid compliant and we invited clients to return but in restricted numbers. After the second nationwide lockdown, it was not possible to invite the most clinically vulnerable of our clients to return immediately, but we hoped to do so after Christmas. Naturally the third lockdown was then announced at short notice and meant the centres had to remain closed until April.

The impact of closures of centres providing day placements for vulnerable adults who have a variety of needs has been keenly felt, with not only the individuals affected but their families, carers and friends. For some who struggle to go out into the wider community, attending one of our Development Centres is a lifeline of contact and interaction – the loss of this during the pandemic had an impact on their mental and physical health and meant that carers were needed for additional hours each day. It was vital we remained in contact with as many clients as possible during the restrictions.

At Barford our team have stayed in touch with our clients and volunteers, providing encouragement and support throughout the pandemic. When restrictions permitted it, they have enjoyed some shared lunches and found support from those shared conversations.

Our Old Sarum Development Centre has been able to deliver online support and learning to many clients thanks to our IT Tutor. The clients have created some amazing work.

The garden centre re-opened for a short period allowing the team to sell the popular summer hanging baskets and other items. The shop, although a scaled-down version, was well received by the public. The Barford team produced an online catalogue of items they would usually have sold at their annual Christmas Fayre and customers took advantage of the opportunity to buy online and collect their handmade goods.

I would like to say a huge thank you to our teams who have worked so hard to deliver a great service still around Covid.



Vanessa Bedford,
*Operations Manager, Children & Young People,
Development Centres and Training*



**DELIVERING
EXCELLENT SERVICES:
TRAINING AND
DEVELOPMENT CENTRES**

Meaningful Activities

Our teams and our clients have all had to adapt to new ways of working and learning during the Covid restrictions. The majority of our staff meetings have moved online, and at our Old Sarum Development Centre, we were able to move some classes online as well.

Dave lives with us in one of our Supported Living homes and in pre-Covid times attended our Development Centres several days per week. Dave's disability means that it is important for him to stay active, and this helps with his mental wellbeing. During the initial lockdown restrictions, Dave struggled with not being able to attend our centres. Dave's support workers and his tutor collectively agreed that they would be able to provide Dave with the learning content and support he needed to manage an online IT course that would meet his needs.

Over the next few weeks, the team supported Dave to log on and speak to his tutor and complete various assignments, which included a research project and a presentation. One task included finding a recipe for cookies and baking these for him and his co-residents. Dave loved the challenge and was very enthusiastic about the whole course. He was able to reply to emails and submit his work for tutor feedback. This was supported by Dave's support workers who could see the positive impact on Dave's wellbeing during what was a very difficult time.

37

people have been able to attend our Old Sarum Development Centre and 35 our Barford Development Centre in the last year. (Capacity limited by Covid restrictions)

2166

hours of formal tutoring were delivered by our teams including 438 hours online

54

horticulture sessions were provided to clients in the summer months when the country was not in lockdown

72

woodwork sessions were provided to clients when the country was not in lockdown



Employability Support

For many of our vulnerable young people, lacking experience and training can be a major barrier to securing employment and ultimately securing long-term accommodation to move on to. With unemployment rates rising to their highest rates in over a decade as the impact of Covid continues to hit the jobs market, young people have been disproportionately affected with many losing positions in the retail and hospitality industries. Unemployment in the under 25's is 109% higher than in Feb 2020. Assisting young people to get back into employment or training is a key focus for us at Alabaré.

Alabaré has been running its own Alabaré Academy for several years now. The Academy has one full-time and two part-time Employability Coaches working with our young people, providing practical advice, support and encouragement in accessing training and employment opportunities. Each young person is actively encouraged to work

on their CV and our team also help with job applications, interview techniques, the logistics of getting to interviews and having an appropriate outfit to wear. We also link our young people in with other support organisations as well as signposting to relevant additional training.

“When they first come to us, many of the young people we support feel they are last in line in the jobs market because they think they don’t have the skills and experience that older candidates have.

Our Employability Coaches work alongside them to give them the confidence to present their existing skills and experience to the best effect and help them access online or face to face training to access additional qualifications to gain the jobs they so ardently want. We are incredibly grateful to the funders who have helped make it possible for us to offer this service to our young people.”

Rob Gibson, *Training Development Manager*



31%

of young people complete their CV whilst living with us

32%

of young people took part in other training opportunities while they were with us

22%

in either part-time or full-time employment

Aaron has been working with his Alabaré Employability Coach to access training that will help him secure a new job. He has recently completed a course with Go-Train, and secured a new position with a local retail chain. Congratulations Aaron!

“The courses have really helped me improve my customer service skills. I’ve learnt how to interact with customers: how to talk to them, how to approach them, how to treat them and how to help them.

The courses have done a lot to help improve my self-esteem and my confidence and I can now interact and communicate well. It has also really helped with my time management skills due to the set times of the lessons. It’s helped me show reliability and dependency. I’m feeling really positive about my future and grateful as well to the staff at Go-Train who have worked with me,” says Aaron.



**DELIVERING
EXCELLENT SERVICES:
MENTAL HEALTH AND
WELLBEING**

Our Year... Mental Health and Wellbeing

Across our entire charity, we support many people who are struggling with their mental health and wellbeing. It is a complex problem that impacts many aspects of someone's life, especially when they are already vulnerable, or experience a multitude of different issues.

In March 2020 we were delighted to open Riverside Sanctuary; a service offering a mental health support phonenumber and a place of calm (a drop-in, café-style setting for people needing some immediate time and support during an episode of mental health distress).

The timing for this service opening, coinciding with the arrival of the Covid pandemic, meant that it was impacted by restrictions but vitally placed to support the diverse and complex needs of those struggling during lockdown and these unprecedented times.

Over the past year, we have had over seven thousand contacts, providing support to nearly three hundred individuals. We continue to support people in extreme distress and turmoil, offering people a non-judgemental ear in their time of



need. We often hear how grateful people are that they can get responsive and flexible support and in turn, we are always blown away by the courage people show when they call us in their time of need.

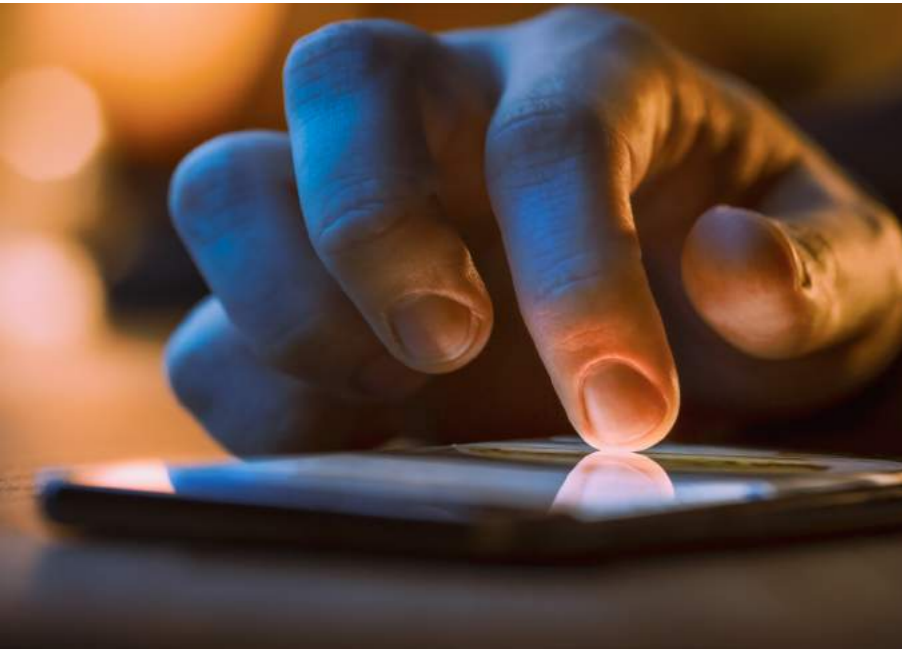
While it is a shame that we have not yet been able to open our physical space for wellbeing and mental health support, we have shown the value of our approach and managed to secure additional funding by demonstrating this value consistently.

Over the coming year, we plan to expand our support as the full repercussions of the last year continue to impact people's wellbeing, and also facilitate face to face support as we had planned. The value and impact of Riverside Sanctuary continues to grow!

Jacob Beale,
Operations Manager, Mental Health



Wellness+ Belonging Webinar, Mindset Panel Discussion



Supporting Mental Health and Wellbeing

During the pandemic, additional funding was secured to provide dedicated mental health support for Armed Forces Veterans. 31 veterans benefitted from this assistance, collectively receiving over 350 hours of support.

"It doesn't matter what rank you are, how long you've served, how many tours you have done, how much money you have, how many medals you have, we are all susceptible and need to reach out when the Black Dog creeps up on us, which due to pride, stubbornness, 'make do' attitude and fear of being weak and unmilitary we don't. When I did, it gave me the strength and self-belief to tackle the demons inside and thank the dedicated team at Riverside Sanctuary for helping me into a life I look forward to with positivity and learn the tools to sideline the negatives that have dogged my life for so long...[sic]"

– Len, 23 year old veteran, ex Warrant Officer

7,871

support calls were made last year by our Riverside Sanctuary team

307

people were supported by the team

2,401

hours of support were given

83%

of our clients are male


42

is the average age of a Riverside Sanctuary client

"I was in a place no one should be and deep inside I didn't want to be.. I had been drinking when I knew I shouldn't.. I had been thinking very dark thoughts I know I shouldn't.. I called the Sanctuary and instantly felt a wave of relief as the person on the other end was so calming. I am on a pathway of recovery and I thank The Sanctuary for getting me on the right road and picking me up when I falter..."

Harry, recovering from alcohol addiction



A close-up photograph of a man with a beard kissing a baby on the forehead. The man is on the right, and the baby is on the left. The man is wearing a light blue and white striped shirt. The baby is also wearing a light blue and white striped shirt. The background is a plain, light-colored wall.

LIVING OUR VALUES

TO REFLECT AND
CELEBRATE OUR ETHOS
AND VALUES TOGETHER
WITH OUR CHRISTIAN
MISSION AND IDENTITY,
EMBRACING ALL THOSE
WHO NEED OUR SUPPORT
WITH OPEN ARMS TO
MEET OUR ASPIRATION
THAT NO-ONE SHOULD BE
TURNED AWAY

Christian Chaplaincy: Spirituality and Support

Our chaplaincy service has been of particular importance to many during this difficult year.

We have managed to maintain face to face support wherever possible and alongside this, we have nurtured regular contact through telephone and zoom calls to many others.

Our chaplain at our Russell House supported living home for adults with a learning disability, has maintained regular appointments by speaking on the telephone to residents while standing outside the front window so that they can see him as they speak, laugh and share their concerns.

Our partnership with Salisbury Diocese has strengthened. In February the regular Alabaré chaplaincy gathering became part of a newly-shaped Diocesan training day. The profile of

chaplaincy ministry was affirmed by Bishop of Sherborne, The Right Reverend Karen Gorham. Dr Sam Wells spoke on 'Being within a time of isolation'. The session with Sam was chaired by Alabaré chaplain, Canon Vernon White.

The chaplains are at the heart of our Alabaré Spirituality Working Group. Our initiative of Creative Spirit, which helps our staff and volunteers support residents and clients through creative activities, has grown significantly across services. People are gardening and getting creative in ways that enhance that conversation. This Alabaré initiative has been featured in Magnet Magazine.

Our weekly prayers moved to zoom during Covid, but they continue to underpin the work within Alabaré. We have successfully come together online to mark Remembrance Day and Christmas, sharing, celebrating and drawing strength and encouragement from one another. In our Emmaus Community (Christian supported living community for adults with learning disabilities), staff and residents have worshipped on zoom, which includes highlights such as our online Nativity.



(Above) Senior Chaplain Keith Thomasson at Riverside House / (Right) Gardening Workshop

20

volunteer chaplains are working to support clients, staff and volunteers in our homes and services

5

associate chaplains are working to support clients, staff and volunteers in our homes and services

10

of our chaplains are ordained



Chaplaincy & Greening

Alabaré's Barnabas House for single homeless men and women welcomed a new chaplain Lydia Reese last autumn.

Despite the challenges and stop-start nature of lockdown Lydia was able to get to know our residents by working with them in the garden, which offered a chance to connect while doing something creative together. They plan to transform their garden into a welcoming space for all residents as well as making space for birds, frogs, hedgehogs, and dragonflies. The plan is to expand on this in the months ahead with a small wildlife pond, as well as developing a flower lawn and growing some soft fruits.

The group has had to dig hard to remove bamboo and other plants which have taken over the beds and are happy to already see the fruits of their labours.

Lydia is a passionate advocate of the natural world, working as a Wildlife Biologist whilst preparing for ordination training. She has helped with the initial meetings of the Alabaré Greening Working Group which has been set up by our Senior Chaplain. The group are focussing on how we can bring environmental wellbeing into our decision-making processes at Alabaré and into the care and support that we give our residents. The team have already effected changes in the way we purchase utility services and the materials we use in our fundraising and marketing. Our goal is to embrace environmental best practice across our charity and ensure we are doing everything we can to protect our planet's precious resources.

A middle-aged man with short, dark hair is smiling broadly, showing his teeth. He is wearing a blue, short-sleeved button-down shirt. The background is a soft-focus outdoor scene with green foliage and a building in the distance.

VALUE OUR PEOPLE

TO RECRUIT, RETAIN, DEVELOP AND REWARD THE BEST PEOPLE FOR
FULL-TIME, PART-TIME AND VOLUNTEER ROLES TO TAKE ALABARÉ
FORWARD, TO LIVE OUR VALUES AND PRACTISE OUR PRINCIPLES

Team Development

We are incredibly grateful to the ongoing dedication and hard work of our fantastic team, especially during unique times. Many worked on the front line throughout, and others have had to adapt to the difficulties of working from home whilst looking after children or shielding.

We are acutely aware of the toll on everyone's mental health and we are committed to ensuring our teams continue to have access to professional external support, should they need it, through the Mindful Employer Scheme. Our chaplains are also available to staff, volunteers and clients.

To support our teams with training and development opportunities, so they may become our leaders of the future, we have developed the 'Alabaré Career Pathway'. We work with each member of staff to identify their personal training needs and aspirations, and then help them access eLearning, workshops and long term courses, so that we can provide them with opportunities that enable them to test their newly acquired skills.

The Government apprenticeship scheme has allowed Alabaré to upskill a number of staff as part of the pathway. We are delighted that we have already been able to support three members of staff to achieve their Level 5 Care Leadership and Management Qualification, two have achieved their Level 4 Care Leadership and Management Qualification, and one their Lead Adult Care Worker Level 3 Qualification. We now have a further 10 working towards their Level 5 Care Leadership and Management Qualification, eight are progressing toward Lead Adult Care Worker Level 3 and a further seven staff are soon to start their Level 3 or 4.

Volunteering at Alabaré

At the beginning of the year, when the first lockdown took place, many volunteers stopped volunteering; it was a time of the unknown. We kept all of the homes staffed but had to close our shops and development centres and many staff were put on furlough. A few volunteers continued to be in touch and supported our clients as best they could. Now that many of our volunteers have had their vaccine, we are seeing a welcome return.

As we come to the end of the year we would like to thank our Volunteer Coordinator, Jenny, who has decided to retire following five years of hard work and dedication. We are now advertising for volunteers to replace those who have sadly decided not to continue after the pandemic.

While we are looking forward to welcoming new people as supporters to our clients and services in the next few months, we would like to say a huge thank you to all those who have journeyed with us over the years – we really could not do our work without you.

Despite many of our volunteers not being able to work with us last year, we were privileged to benefit from 10,954 hours which were gifted by our volunteers. We have a total of 259 registered volunteers, of whom 120 worked with us last year.

10,954 HOURS GIFTED BY OUR VOLUNTEERS



Social Enterprise

Alabaré is passionate about offering opportunities to clients and as such Alabaré Enterprises was launched last year despite the restrictions. In part, this is to provide employment opportunities, while it also affords us an opportunity to diversify income streams, which will support our long term future.

The ambition is to provide an opportunity to get involved in activities that will help build confidence, esteem and skill on the journey back to independence. Known as “Field Kitchen” or in Welsh “Cegin Maes,” we have transformed a horsebox into a mobile pizza catering business. Street food is a growing market and one that we can scale and grow, which allows us to involve veteran clients at all levels of the business. Following lifting of restrictions in Wales the team ventured out to sell pizzas at community locations of North Wales. We will be expanding into

South Wales, this year running at national, regional and private events and forging links with hospitality venues within the tourism sector.

Our second initial enterprise, Boots on the Ground, creates opportunities for veterans to engage in outdoor activities whilst providing products or training opportunities which may in time be sold to a wider community. 2021 will focus on development and growth as we work towards Boots on the Ground providing experience days where corporate groups or individuals can buy a group experience in bushcraft or walking and understanding nature with an ex-Armed Forces soldier, or perhaps living out for a night military style with bare essentials. There are many exciting opportunities to plan and explore.

Alabaré Enterprises is all about supporting veterans towards improved mental, emotional and physical health, confidence and increased self-esteem. This in turn creates placements for training and recognised qualifications, employment opportunities and life skills and critically develops funds so Alabaré can help more veterans in need.



(Above) Field Kitchen pizza van (Right) Coppice Weaving Workshop, Boots on the Ground

Greg's Story

Greg served in the Infantry with 2 Royal Anglian Regiment and during his time completed a tour of Northern Ireland.

When Greg's relationship broke down he decided to leave the military but found himself struggling with the resettlement process and life on civvy street. On the brink of becoming homeless, Greg moved into our North Wales home before relocating a few months later to one of our South Wales homes to be closer to his family.

Greg immediately saw the benefits of getting involved in our Boots on the Ground Project and has kept himself busy being involved and helping to shape the fledging programme. He has been a key figure in all of our North Wales, and now South Wales, sessions. From social forestry, helping to plant a small oak woodland in Anglesey at the Llyn Marc Mawr site with Coed Lleol to setting up camp for some open fire cooking, willow coppice work and weaving to creating a wildlife garden at our Alabaré Awel Mor garden.

Since moving to our home in South Wales, Greg has volunteered with the Pontypridd Pit Pony Sanctuary, helped out at the Woody's Lodge allotment and is taking the lead on a kitchen garden at our Pontypridd home where he is a peer mentor to those new to the project. Greg has been keen to get involved in our fundraising events and championed our Alabaré Big Sleep in South Wales.

“Having a purpose and being part of a team has helped me get through some tough times. Planting 50 Oak trees and knowing that some of those could be there for hundreds of years was awesome. Keeping active, getting out and getting things done has boosted me no end. I look forward to new walks starting in May and to eating something from the garden after all the hard work.

- Greg





FOCUS ON FINANCES

TO BUILD A RESILIENT, VIABLE
ORGANISATION THAT MAKES
FINANCIALLY SOUND DECISIONS
AND IS BUSINESS-MINDED IN
ITS DECISION-MAKING ABOUT
INVESTING FOR GROWTH AND
SUSTAINABILITY WHILE ALIVE
TO COMMERCIAL REALITIES

Profit and Loss

Income resources (£)

Generated funds	
Voluntary income	1,685,437
Other trading activities	290,414
Investment income	649
Charitable activities	7,566,750
Total income	9,543,250

Resources expended (£)

Cost of generating funds	963,713
Cost of charitable activities	8,270,092
Total expended	9,233,805
Net income/(expenditure)	309,445

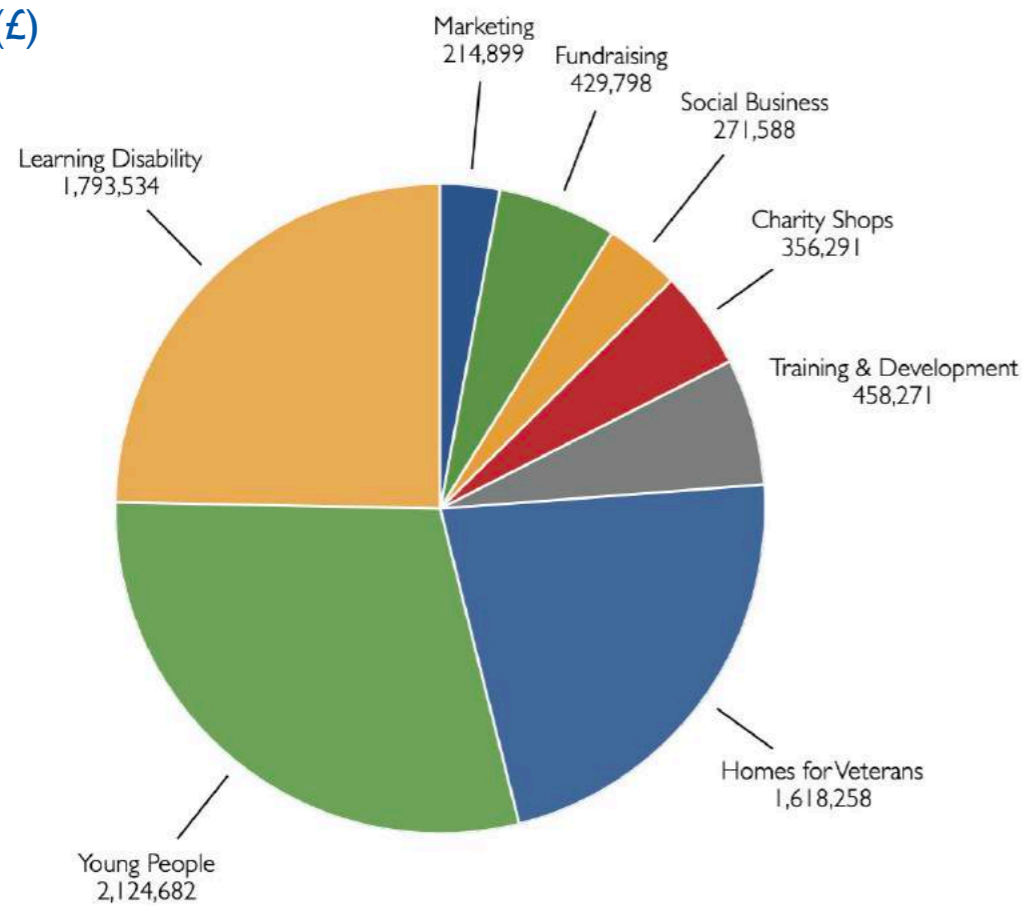
Extract from balance sheet (£)

Fixed assets	5,556,933
Net current assets	1,372,950
Creditors more than one year	(-3,147,625)
Net assets	3,782,258

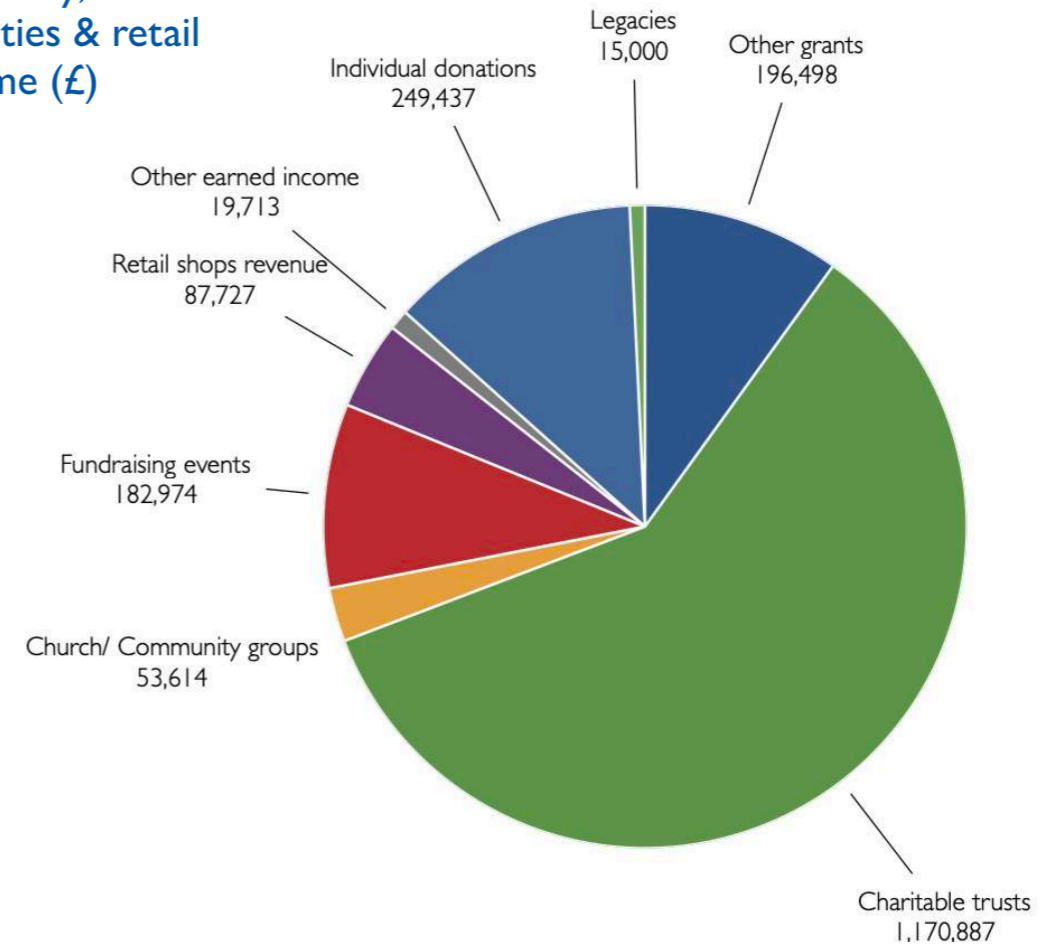
Funds (£)

Unrestricted	
General held as fixed assets	2,681,038
General / other	807,936
Total unrestricted	3,488,974
Restricted	293,284
Total funds	3,782,258

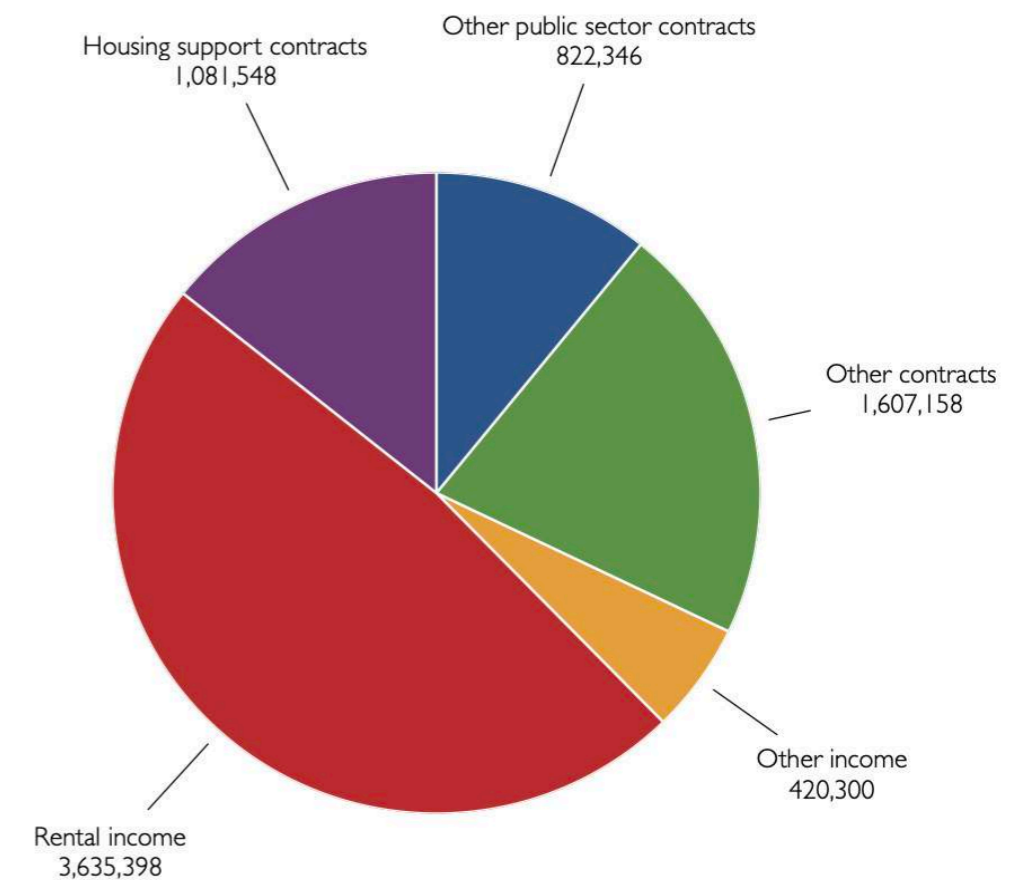
Expenditure (£)



Voluntary, activities & retail income (£)



Charitable activities, investment & other income



The extract above, from the consolidated financial statements of Alabaré Christian Care & Support, may not contain sufficient information to allow a full understanding of the financial affairs of the charity. A full set of accounts may be obtained by writing to Nick Dalton, Financial Controller, Alabaré Christian Care & Support, Riverside House, 2 Watt Road, Salisbury SP2 7UD.

Fundraising and Events

Despite the frustration of having to postpone or cancel many of our planned fundraising activities this year, 2020/21 saw the most significant outpouring of compassion and generosity, expressed in actions and donations and trust grants.

The beginning of the lockdown forced Alabaré to urgently review its financial income forecasts and start the financial year with an emergency appeal. As a charity, we were not only having to adapt our accommodation so our clients could self-isolate in safety, but also needed to maximise the number of beds on offer. At the same time, we urgently needed funds and you gave generously and repeatedly, enabling Alabaré to achieve financial stability into 2021.

Many charitable trusts, foundations, military charities, and corporate partners provided vital grants and donations which made it possible for us to run homes and services which do not receive any statutory funding. Many also provided additional funding to support our work during the Covid outbreak. A number of our donors are listed at the back of this report, but there were many others as well who helped us source or funded the additional PPE, equipment and staff needed to cope with the unprecedented circumstances. Several charitable trusts and foundations released emergency grants which we were grateful to benefit from, including several who recognised the importance of funding activities to keep residents occupied and positively engaged.

Individuals, churches, schools and corporates responded to our emergency appeal, which gave us essential funds at a time when we were unsure how we would get through the year ahead and when our usual fundraising avenues were cut off due to Covid restrictions.

A huge thanks to our church supporters who have helped us reach out to wider audiences than ever before.

While almost all of our fundraising events were postponed or cancelled, we saw Covid secure activities being taken on by individuals. From unusual ways to take part in the London Marathon's new 2.6 challenge, and members of our Gloucestershire Ambassador and London Groups taking on the Offa's Dyke Challenge, to our first Gala Non Event by our Wiltshire Ambassadors. Thanks you to the staff and volunteers of the Alabaré fundraising team for their positivity, creativity, hard work and dedication.

We all had to learn to adapt, to think imaginatively about alternative ways to raise funds and to engage with one another. A real joy during this process was the introduction of our new Big Sleep at Home, rolled out for the first time to highlight World Homeless Day in October.

We then took that initial premise and added interactive, educational and fun online virtual elements to replace our much-missed Salisbury Cathedral Big Sleep. We were so thankful to see how this new format enabled children as young as five to take part by sleeping in the bath, while some of our more elderly supporters slept rough by adapting their garden benches, treehouses, outhouses and making dens in the woods. We were joined by representatives from churches far and wide, and while the schools who normally take part could not do so, the teachers did not give up on us. We are so thankful that so many people have a deep understanding and commitment to the difference their act of compassion and the money they raise, makes to the work we undertake in their name.

(Right) The Big Sleep at Home 2021 participants



Retail

Like other shops on the High Street, our retail shops have been closed for most of the past year. However, when they have been opened, we have been overwhelmed by people's generosity and support by donating and purchasing items from our shops.

We have shops in Wilton, Salisbury and Amesbury which are presently open. We had to close our Lyndhurst shop because of Covid restrictions. Fortunately, the Manager of our Lyndhurst shop, Tracy, has worked hard selling items from the shop online and at car boot sales. While we have had to close our warehouse facility, which has impacted the amount of stock that we can now take, we are still fortunate to receive goods from a wide variety of sources.

When the shops have been able to open they have been very busy and there is a real sense of community with people coming in regularly to browse and see what's new on the shelves. Our staff have worked incredibly hard using PPE to protect themselves and customers during the past year.

We must wait and see what long-term impact the pandemic will have had on our High Streets, but we relish our role in adding to the vibrancy of the street scenes where we are situated. We are grateful for all who support our work through donations and buying of goods, and for our incredible, resilient staff and volunteer teams.



Images of Alabaré charity shops



WORKING TOGETHER, ACHIEVING MORE



Our Key Supporters

We would like to say thank you to all the individuals and organisations who have supported us this year including those we do not have space to list....

Honory President

Reverend John Proctor OBE

Patrons

Brigadier Simon Firth CBE

Reverend Joanna Jepson

The Rt Revd June Osborne, Bishop of Llandaff

General the Lord Dannatt GCB CBE MC DL

The Rt Revd Stephen Conway, Bishop of Ely

The Right Revd Nicholas Holtam, Bishop of Salisbury

The Rt Hon the Lord King of Bridgewater CH

The Rt Revd Declan Lang, Bishop of Clifton

Trustees

Mr Malcolm Cassells - Chairman

Mr Don Alexander

Mrs Teresa Barsby

Air Vice Marshall (Ret'd) Martin Clark MBA BSc (Eng) Ceng

FIET FRAeS RAF

Mrs Catherine Detain

Reverend Canon David Durston

Mr Richard Holman

Mr John Hunter

Mrs Alicia Proctor

Mr Mark Proctor

Mr Phil Ruark-Davis

Ambassadors by area

Bristol

Mr Don Alexander – Chair

Mr Robert Bernays OBE DL

Cllr Ian Boulton

Mrs Amanda Deeks OBE

Mr David Penniall MBE BEM

Captain Phil Smith

Mr Andrew Street

Colonel Jane Thompson TD DL PhD

Mr Billy Wilde

Dorset

Colonel Oliver Chamberlain QVRM TD DL

Gloucestershire

Colonel (Ret'd) Ian Harris– Chair

Mr Alex Bomberg

Cllr Neil Hampson

Lt Gen Sir John Kiszely KCB MC

Mr Martin Lattimer

Mr Charles Malet

Mrs Amanda Raybone JP

Mr Tony Raybone

Mr Chris Ryland

Lt Col Andrew Tabor JP

Hampshire

Mrs Joan Ferrer JP DL – Chair

Colonel Charles Ackroyd TD RD DL

Brigadier David Harrison JP DL

Mr Mark Thistlethwayte

Hereford

Mrs Christine Robinson

London and Home Counties

Mrs Lorraine Davis – Chair

Mr Alex Cooper

Mr Rowley Gregg

Mr Stuart Tootal

Mr Richard Winstanley

North of England

Mr David Lawes

Plymouth

Commander Chris Thorpe BSc MIET RN – Chair

Dr Norman Biddle

Colonel Stephen Cox

Commander Charles Crichton OBE MSocSc RN

Mr David FitzGerald

Brigadier Christopher Lunn

Commodore Jamie Miller CBE DL RN

Brigadier Simon Young CBE DL

Wales

Maj Gen (Ret'd) Robert Talbot Rice CBE – Chair

Archdeacon Mones Farah

Lt Col Andrew Tuggey CBE DL

Mr Huw Williams

Mr Richard Williams-Bulkeley

Wiltshire

Commodore Richard Lord CBE MSc RN – Chair

Mr David Bartlett – Vice Chair

Dr Sophy Antrobus MBE

Mrs Teresa Barsby

Mr Rory Carter

Brigadier (Ret'd) Alister Davis MBE

Mrs Gay Edwards MBE

Lady Ruth Hawley DL

Mrs Sara Jones CBE JP DL

Sir Craig Mackey QPM

Sir Francis Richards KCMG CVO DL

The Venerable Stephen Robbins CB

Mr Joseph Scaniglia-Jones

Air Commodore Stephen Sims OBE BSc

Mr Alan Taylor

Mrs Alison Ward

Trusts and Partners

ABF The Soldiers' Charity

Albert Hunt Trust

Alecto Trust

Allchurches Trust

Armed Forces Covenant - COVID

Veterans Resilience

Armed Forces Covenant - Positive Pathways

ASDA Foundation

Aspire Defence Systems

Baily Thomas Charitable Foundation

Bamford Charitable Foundation

Barclays Community Relief Fund

Barnwood Trust

Big Lottery Fund England

Big Lottery Fund Wales

Chemring Countermeasure

Chippenham Area Board

Christ Church, Warminster

Community of St Denys

Cwm Taff Morgannwg Health Board

Transformation Fund

Cwm Taff Morgannwg Transformation Fund

Dentaid

Devon Community Foundation

Devon Coronavirus Response and

Recovery Fund

Devon County Council

Eveson Charitable Trust

Forces Support

Fulmer Charitable Trust

Gloucestershire Community Foundation

Good Things Foundation (The)

Gosling Foundation Limited

Gwynt Y Mor

Hampshire & Isle of Wight

Community Foundation

Hampshire County Council

Help the Homeless Limited

Inchcape Foundation

John Laing Charitable Trust

Lewis Grace Fund

Lloyds Patriotic Fund

Longleigh Foundation

Masonic Charitable Foundation

Mercedes-Benz, Plymouth

Moondance Foundation

Mrs R P Tindall's Charitable Trust

National Emergencies Trust

Neumark Charitable Foundation

New Forest District Council

NHS - Department of Health

Pavers Foundation

Pour Moi Limited

Quartet Community Foundation

Queen Mary's Roehampton Trust

Rank Foundation

Rhyl Flats Community Fund

Royal Navy and Royal Marines Charity (RNRMC)

SAI Solutions

Salesforce (Vetforce)

Salisbury Area Board

Salisbury Catholic Outreach (SCORE)

Salisbury City Almshouse and Welfare Charities

Salisbury Council

Simply Health

St Thomas Church, Salisbury

Steve Morgan Foundation

Talbot Village Trust

Tesco

The Gunter Charitable Trust

The Royal Hospital Chelsea

The Scott (Eredine) Charitable Trust

The Talbot Village Trust

Trinity House Maritime Charity

Veterans' Foundation

VINCI UK

WCVA Emergency Fund

WCVA Resilience Fund

Wiltshire Community Foundation

Wiltshire Council



If you would like to find out more about Alabaré's work, please get in touch:



enquiries@alabare.co.uk



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Get more information on our website:
www.alabare.co.uk

(Above) 30th anniversary celebration at Unity House, Chippenham

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Registered Charity No. 1006504 Registered in England No. 2604011

