



Andrew House

Clevedon Supported Housing



Enabling a fulfilling life

Supported by the local community through



Alabaré Supported Housing, Clevedon

Andrew House is a supported housing service for men who have had substance misuse issues and who are now in recovery.

The Service

Andrew House provides accommodation for 11 men in a supportive, stimulating and safe environment, enabling them to make life changes and develop so that they are able to move on to successful independent living.

Andrew House is a large Victorian property, located on the outskirts of Clevedon and close to all amenities. Clients share a good sized communal living area and kitchen.

Our Approach

At Alabaré we believe the key to empowerment is firstly to understand the person: their strengths, needs and aspirations. On arrival at the home each client is allocated their own key worker. Many of our clients have difficulty with trusting relationships and with managing their own emotions; therefore we understand that achieving an initial engagement, building and sustaining a relationship of trust is paramount to successful work.

We use an holistic approach to ensure that all needs are addressed - both physical and psychological. Staff co-produce a person-centred plan, working with the client through discussion,

negotiation and ultimately with their agreement, encouraging them to take responsibility for their own journey. By doing this we have found plans are far more effective as agents of change and the result is increased resilience and independence.

Clients are encouraged to take up any suitable work opportunities or volunteering; and to participate in the Social Enterprise scheme which helps fund the running of Andrew House.

Referrals

Clients can stay for a maximum of two years. We accept referrals from treatment centres as well as self-referrals; those applying must be drug and alcohol free.

This service is supported by RE:MISSION, a charity which channels local support and community engagement to enable the ongoing successful work of Andrew House.



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The aim of the service is to:

- Enable clients to gain the skills and confidence needed for successful independent living.
- Enable clients to build constructive and positive relationships within the local community.
- Support clients to access training, employment and voluntary work.
- Increase awareness around physical and mental wellbeing and have access to health services.
- Assist clients in their recovery by working with various agencies in the local area.



"If I went home straight from rehab I would have relapsed but thanks to Andrew House it's been a place for me to relax and get my thoughts back. It has taught me to have routine and structure and a new outlook on day-to-day life.

I've been taught basic living skills and how to cope with life; which has given me much more confidence and stability to cope with situations. I've also started college, doing a plastering course which will give me a trade in order to survive in life.

I've also started going to church, and now have found God and this makes me feel more at ease with life... the support of the community is amazing and Clevedon is a great place to live. I am very happy at the moment. Thanks to Andrew House and the staff."

At Alabaré we provide the highest standards of accommodation and support to disadvantaged and vulnerable people in our communities in order that they can have a home, health, choice and independence.

Since 1991, we have been working with people facing disadvantage through homelessness, mental ill-health, learning disability or a combination of these. We provide housing and personalised support based on the individual needs and aspirations of each person, tackling underlying causes and giving them the skills and confidence to move forward with their lives.



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